

### 5.3.2 Documentary evidence for the Cultural events during the year 2018-19

#### 1. International Yoga day

International Day of Yoga was celebrated by the B.Ed. teacher trainees of Nirmala Institute of Education on 21st June at 9:00 a.m. A group of twelve S.Y.B.Ed teacher trainees under the guidance of the Sports and Physical Education Director, Mr. Clifton Fernandes demonstrated 12 yoga asanas to the F.Y. B. Ed teacher trainees from 9:00 am - 9:45 am and conducted a second session for the S, Y. B.Ed teacher trainees from 9:45 am to 10:30 am. The yoga session began with an introduction given by Miss Tanya D' Costa before both the sessions. Yoga instructions were given by Fr. Elvin Cardoso for both the sessions. The programme ended with a vote of thanks.



#### 2. Independence Day Celebration

A Flag Hoisting ceremony was conducted to commemorate India's 72<sup>nd</sup> Independence Day. The Chief Guest for the day was Reveren Fr. Evans D'Souza who inspired the assembly with his thought - provoking message. A pledge of allegiance to the country was taken by all those who were present for the ceremony. A cultural programme was organised on the 14th of August, 2018 at 3.15pm. The highlight of the event was the soulful patriotic singing by all the celebration groups and a skit titled ' Maa Tujhe Salaam ' performed in commemoration of the freedom fighters who sacrificed their lives to the cause of freedom of our beloved Motherland –India!



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### 3. Eid Celebration

Eid celebration was organised by the Eid group on 28-08-2018. The celebration had different programmes depicting Eid festival.



### 4. Ganesh Chaturthi Celebration

The Ganesh Chaturthi celebration was organised by the Ganesh Chaturthi celebration group on the 11<sup>th</sup> of September, 2018 at 3: 15 pm in the college hall. The Ganesh Chaturthi celebration began with Assembly and was followed by the celebration programme. The Assembly began with the reading of Sothra which created a holy atmosphere. Then there was a reading of the story about the creation of Lord Ganesh. This was then followed by screening of a video which enlightened the audience about the different names of Lord Ganesh. The current happenings of the world and our state were brought to the attention though the reading of news both local as well as national which was followed by a Thought for the day with which the Assembly was concluded. The program followed



immediately after the Assembly. The compering for the program was done by Ms Anisha Pednekar and Ms. Smita Mandrekar. It began with a prayer to invoke the blessings of Lord Ganesha followed by Ganesh vandana which is a popular form



of worship in the praise of Lord Ganesha which was performed by Ms Gayatri Sane and Ms. Gauri Vernekar. The Pooja was done followed by performance of different Aarti sung during the festival. Information about the festival was presented to the audience. A short skit was enacted which gave a strong message of saving the environment and having an eco-friendly Ganesh Chaturthi.

Spot prizes were given out to capture and keep the audience engrossed throughout the program. The winners of the Quilling competition held on 11<sup>th</sup> September, 2018 at 2:25 -3:00 pm were announced. An energetic and entertaining Fugdi performance was performed by all the members of the group. Finally, the Vote of Thanks was proposed by Mr. Nagesh Raut .



##### **5. Gandhi Jayanti Celebration - "Prabhat Feri"**

On the 2nd of October 2018, the teacher trainees and Faculty of Nirmala Institute of Education, celebrated the 150<sup>th</sup> Birth Anniversary of the 'Father of our Nation', Mahatma Gandhi. The celebration began with a short prayer by the Principal Dr.Delia Antao. After the prayer, the College Director of Health and Physical Education, Mr. Clifton Fernandes briefed the trainees about the programme for the day. The trainees assembled in front of the main college building for the 'Prabhat Feri' (Silent Rally) at 9.am. The route of this silent rally included a walk from Fr. Agnelo Road to the Panjim Church Square along the Garcia de Orta and back to college via Fr. Agnelo Road. After which an inspiring talk by Professor Ramchandra Guha on his views on Mahatma Gandhi in Tedx series was screened. The programme ended with students writing one Gandhian value that they would implement in their day-to- day life.

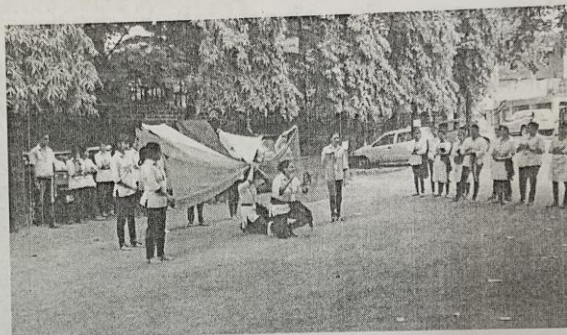


## 6. Street Play Competition on “Seven Principles of Gandhi”


A Street Play Competition was organized at the Nirmala Institute of Education on 5th October 2018 with reference to the circular received from the Department of School and Literacy, MHRD, Government of India, as part of the celebration activities to mark the 150<sup>th</sup> Birth Anniversary of Mahatma Gandhi. All the ten celebration groups of the F. Y. B.Ed students participated.



The theme for the competition was ‘The Seven Principles of Gandhi’. Mrs. Anagha Deshpande was the teacher in charge as well as the competition judge. The participants were judged on five different criteria namely, relevance to the theme, quality



of the script, elements of street play used, group coordination, and lastly overall presentation. The first, second and third places were bagged by the Ganesh Chaturthi Group, the Christmas Group and the Independence Day Group.

  
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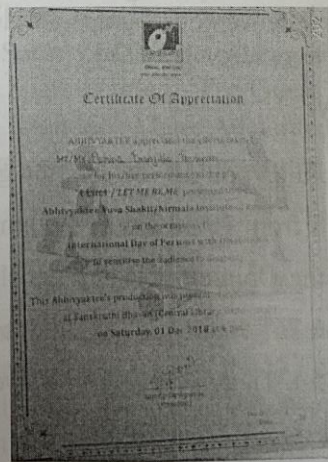
## 7. One Act Play- 'Let me be me'

The students of Nirmala Institute of Education participated in the One Act Play competition organised by the Directorate of Sports and Youth Affairs at the State Youth Festival 2018-19 at the Kala Academy, Panaji. The play 'Let Me Be Me' was scripted by the actors themselves under the guidance of Ms. Anagha Deshpande.



The lyrics of the song in the play were written by one of the actors Miss Florina Fernandes and the melody was composed by Miss Velanie Rodrigues. The background music was designed and operated by Mr. Saish Deshpande and the lights were designed by Mr. Dananjay Phalkar who accompanied the group to the different places where the play was performed.

The play was performed twice at the Art and Culture department once for 'Sangath' and once for 'Prayog Saanz'. It was well appreciated by the audience and was a fruitful experience for the students. The play was also redesigned and broadcast from All India Radio, Panaji. Besides the performance outside the campus the play was also performed at the Nirmala Institute of Education for the Art Day.



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### **8. Gender Sensitization Day**

The B.Ed trainees celebrated the Gender Sensitization Day on 18-12-2018 with a variety of activities and performances on Gender Sensitization to create an awareness among the students.

### **9. Christmas Celebration**

The Christmas programme was organized on 21-12-2018 with a splendid performance by the Christmas group that included a variety of programmes like a skit, carol singing and songs to add to the celebration depicting the birth of Christ.

### **10. NOMOZO 2.0**

The second edition was held at Porvorim on 13th January 2019. The event was organised by Porvorim Rising and Mr. Rohan Khaunte, the MLA of Porvorim. The event witnessed the presence of famous cricketers S. Sreesanth, Yuvraj Singh and attracted thousands of people across State. Our teacher trainees along with some members of the faculty volunteered wholeheartedly in conducting a variety of hands-on activities for children, thereby adding colour to the day and making it a grand success.

### **11. Republic Day Celebration**

The day began with an inter-faith prayer service followed by a Flag-hoisting ceremony. A cultural programme was held on the 25<sup>th</sup> January, 2019 to commemorate India's Republic Day. The theme of the programme was, 'India-Beloved Motherland!' A skit depicting social evils assailing our beloved motherland gave the audience goosebumps. Patriotic Singing and slogan-writing competitions were also organised.

### **12. Opinion Poll Day:**

The students of the opinion poll day celebration group conducted the programme on **15<sup>th</sup> January 2018** from 10:45 am to 1.00pm. The programme began with a brief information on the Opinion poll day which was a referendum held in the state of Goa, India on 16<sup>th</sup> January 1967, to decide future of the union territory of Goa, Daman and Diu. Thereafter a short PowerPoint presentation was shown to the students on *Nostalgic Goa*, followed by a mime depicting the dilemma



faced by the people of Goa over the choice between continuing as a Union Territory or merging with the State of Maharashtra. A befitting tribute was offered to Dr. Jack Sequeira, the illustrious son of the Goan soil whose tireless efforts brought the 'opinion poll' to fruition. A quiz was conducted wherein two members of each celebration group had to participate.

### **13. Constitution Day**

It was held on 22<sup>nd</sup> January 2019: The Nirmala Institute of Education, Altinho Panaji had the immense privilege to host an interactive session with students of the Salgaoncar College of Law, in celebration of the 2<sup>nd</sup> State Constitution Week. The three students Ms. Sanjana, Ms. Aishwarya and Mr. Sitaram were introduced by Dr. Russell D'Souza. The presenters spoke to the B. Ed. students about the Constitution of India, as they tried to raise awareness of this important document among the students as prospective teachers. The presentation touched upon three basic topics; the salient features of the Constitution, the Fundamental Rights of the citizens and the Fundamental Duties and Directive Principles of State Policy. The students were informed about how the constitution came about, and how it was the amalgamation of parts of many constitutions of other countries, as well as the inputs of Indian law makers. The session ended with a small activity to show how we all must work together to reach our goal. The B. Ed. Students were also engrossed in knowing so many facts about the constitution and actively participated in the discussions.

### **14. Founder's Day Celebrations**

The day began with an inspiring prayer service conducted by Ms Vida Sequeira followed by the felicitation of Sisters who have completed their Golden Jubilee of religious consecration in the Society of the Daughters of the Heart of Mary. The highlight of the day was an operetta titled: 'The Quest', based on the exemplary and holy lives of the Founders: Marie Adelaide de Cice and Fr. Peter Joseph de Clorivere. The inspirational operetta was written and directed by Ms Millie Pereira.

### **15. Art Day (Art Melanche)**

'Art Melange' was celebrated at Nirmala Institute of Education on the 27<sup>th</sup> of March, 2019. The event was jointly celebrated by the D.El.Ed and the B.Ed. teacher trainees. A variety of paintings, drawings, sketches, handicraft and art works adorned the campus and transformed it into some sort of a wonderland.



The Art Exhibition was splendid. The cultural programme began at 2.15pm with a graceful prayer dance followed by a melodious rendition of the theme song titled, 'Art Melange'. Mr. Raymond Pereira enlightened the audience by addressing the various forms and facets of 'Art'. He also focused on the life and contributions of the illustrious Leonardo Da Vinci.

### 16. Women's Day

The International Women's Day was celebrated on 14 th March 2019 at Nirmala Institute of Education. The theme for this year was 'Balance for Better'. The programme began by a small prayer said by Ms. Saynex Souza followed by a PowerPoint presentation by Ms. Valancy Cardozo on the history of the celebration of Women's Day worldwide. A short video was displayed on the famous Indian women who worked very hard to achieve their goals despite of all the odds of the society. There were four short skits performed by the students who highlighted the importance of gender equality and balance of work between men and women at home and workplace. A poem 'Asturichem Asthitva' was written and read by Ms. Krupa Kotharkar. A song 'She is Equal to a he', was sung by the students. The song was written and composed by Ms. Dale Furtado. There was a dance performance on the song 'Bekhouff' from T.V. serial 'Satyamev Jayate'- Season-2. The song highlighted the discrimination, violence and abuse that women go through and despite that, the women are strong and face every challenge.

### 17. HINDI DAY CELEBRATION

Hindi Day was celebrated on 22<sup>nd</sup> October 2018 in NIE lecture hall. The programme started with the lighting of the lamp by the Principal Dr. Delia Antao, Mrs. Suvarna Gauns, Mrs. Anagha Deshpande and Miss Sangeeta Kadam, followed by invoking of God's blessings through a prayer dance by Miss Gayatri Sane on a song composed by Dr. Mridula Sinha- Governor of Goa. Miss Reshma Mulla gave information on the importance of Hindi language.



Thereafter a short video was played emphasising the importance of Hindi day and countries in which Hindi is spoken and celebrated. To keep students entertained Miss Ankita Arolkar asked questions based on video and talk given by Reshma. Spot prizes were given accordingly. Hindi group students also organised Kahoot game for the audience. Many students-teachers participated with enthusiasm. A song was sung by group of students entitled, "Hindi Bhasha



Rashtr Ki Bhasha” with their melodious voice. Apart from song Hindi students also organised a short play on one chapter from the novel written by Sharad Joshi entitled “Atithi tum Kab Javoge?” wherein a strong message was portrayed, “Atithi Devo Bhava” (Guest is God). The play was connected with the group dance. There were some fillers put forth depicting about how misinterpretation of words may lead to wrong information encoded. The programme was ended with Vote of Thanks by Miss Alisha Tari.

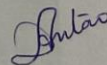
### **18. MATH DAY**

Math day was celebrated in Nirmala Institute of Education on 22<sup>nd</sup> December 2017 at 10:15am to 11:00am with great enthusiasm. The programme was organized by second year B.Ed trainees. The programme started with a small Power Point presentation. Through PPT, the second year B.Ed. trainees explained why 22<sup>nd</sup> Dec is celebrated as Math day all over the nation. 22<sup>nd</sup> December is the birthday of Shri. Srinivasa Ramanujan the great mathematical genius who made exemplary contribution to mathematics so this day is celebrated as the math day. Shri. Srinivasa Ramanujan’s brief life history was also being highlighted in this programme.

Next was a small skit based on different mathematical shapes. Through the skit the second year B.Ed trainees depicted the features of different mathematical shapes such as square, rectangle, quadrilateral, parallelogram, hexagon etc. In between the programme there was a spot prize questions based on different mathematical puzzles and riddles. Not only math B.Ed trainees but also non - math B.Ed trainees actively participated in spot prize. In the end, there was activity based on Ramanujan’s magic square. All the B.Ed trainees participated in this activity with great zeal and enthusiasm and enjoyed the programme.

### **19. English Day:**

‘This Language Is for Everyone’ (LIFE) was the theme chosen for celebrating the English Day on the 28<sup>th</sup> of January, 2018. The day began with a reflection on God’s love. Various programmes such as reverse spelling bee, quiz, commonly mispronounced words, audio-visual presentations, and two skits: ‘The Shakespearian Paradox’ and ‘Fairy-tales Unbound’ mesmerised the audience. The programme concluded with everyone swaying to the action song ‘Boondi-yaara’.



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## **20. Science Day:**


The Nirmala Institute of Education celebrated the National Science Day on the 28th of February 2018 as a mark of respect to the most eminent scientist of India, Dr.C.V.Raman. As a part of the celebration, various competitions and programmes were conducted. The function commenced at 11.15 am in the gracious presence of Dr. Delia Antao, the Officiating Principal of the Nirmala Institute of Education, the teaching and the non- teaching staff and the students. The theme for the day was "Explore to Know Science".The programme began with an enactment on superstitions. Various competitions were held for the students, out of which one was the 'MOCK TALK'. The students had to put on a persona and present a representation of influential scientist. Most of the celebration groups took part in the competition and Miss Tanya D'Costa of the opinion poll day group who portrayed Mr. Issac Newton bagged the first place and Miss Teffancia from the women's day group who portrayed Thomas Alva Eddison bagged the second place. Another competition was the quiz played in group on KAHOOT. The first place was bagged by the Opinion Poll day group and the second place was bagged by the Peace and Human Rights day group.

## **21. Konkani Day**

Konkani day was celebrated at the Nirmala Institute of Education on 06/03/2019 with a variety of cultural programmes to showcase the importance of Konkani language and other facts relating to it.

## **22. History Day**

It was celebrated on 23<sup>rd</sup>, March, 2018. The day began with a classical prayer dance. Professor Prajal Sakardande was invited as the Chief Guest of the day. The highlight of the day was the enactment of a saga on the life of the prominent freedom fighter and revolutionary Subash Chandra Bose. A very informative exhibition was held of all the historical facts and places documented by the History students.

  
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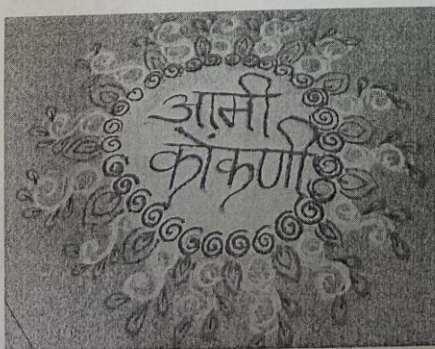
### 23. Goa Day Annual Event-Abolianchem fest

Abolianchem Fest celebrated at the Nirmala Institute of Education 9th February 2019. The Nirmala Institute of Education, Altinho – Panaji celebrated its second edition of the Abolianchem Fest on 9th February 2019. The celebration commenced with a short play introducing the fest where the abolim flower mascot invited the people to the Maand to celebrate the fest. The traditional brass band performance along with a parade set the festive ambience to celebrate Goa in its uniqueness, at its best. The objective of the festival was to document and generate knowledge about the Goan environmental and socio-cultural resources, as well as to share them with the public for sustainable living for the present and future generation. This year the focus of the Fest was on the ‘Coconut Tree’, its socio-cultural and economic significance.



### 24. Matrubhasha Diwas

The Matrubhasha Diwas was celebrated by the B.Ed.trainees of the Konkani Methodology students on 06-03-2019 at Nirmala Institute of Education. The students performed a Skit, recited a poem composed by them on Matrubhasha, showcased their Rangoli talent and had fillers to add attraction to the entire programmed that was executed with perfection.



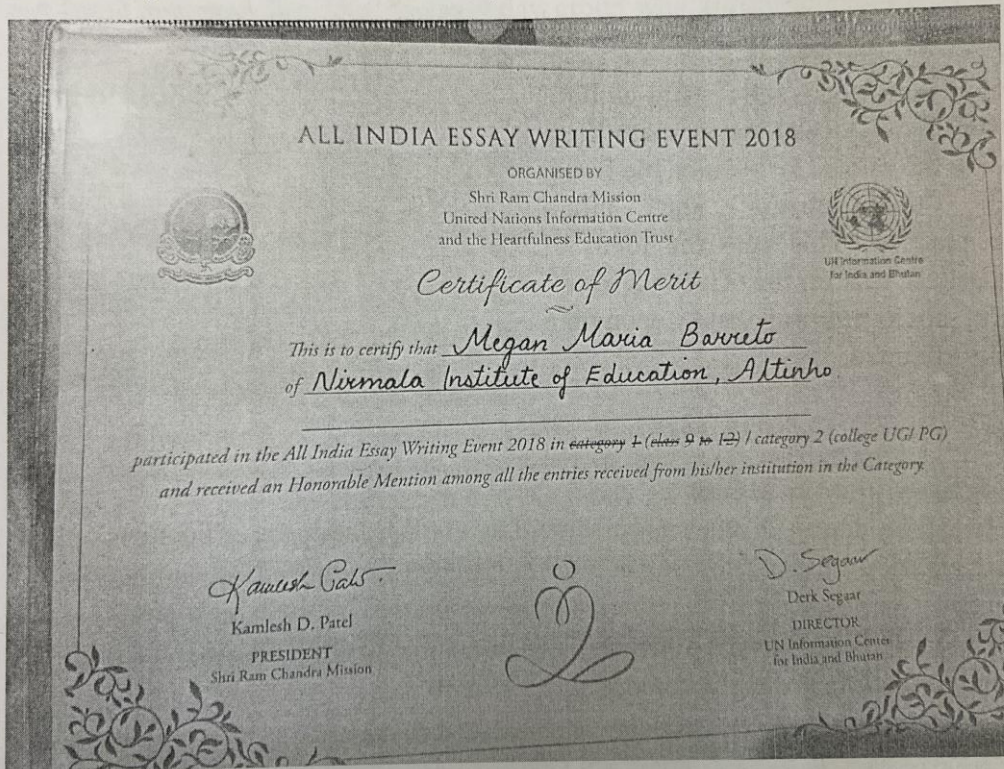
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## 25. Participated in the All India Essay Writing Event



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26. Participated in Quiz Competition at State Level Quiz Competition during the Vigilance Awareness Week



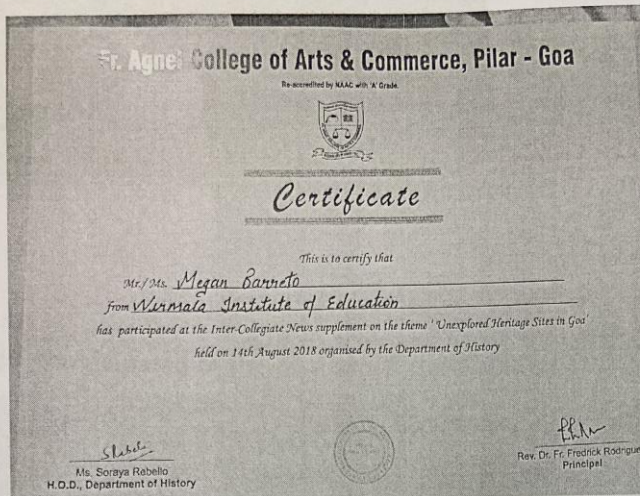
27. Participated in the Quiz Competition on the occasion of Wildlife Week, 2018



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28. Participated at the Inter-Collegiate News Supplement by the Department of History



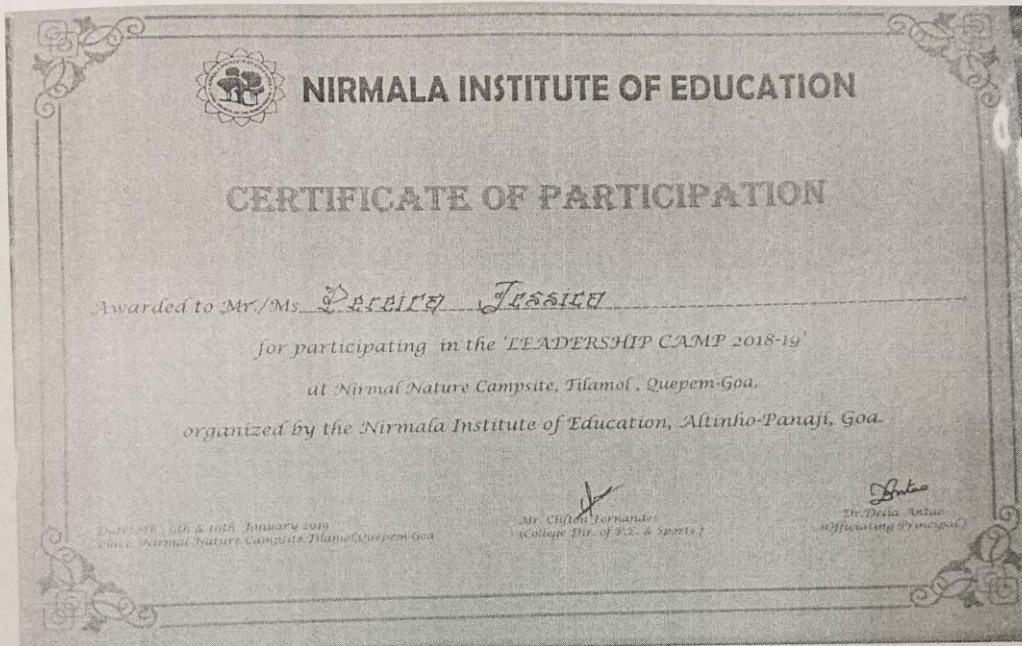
29. Participated in Rhythm of Music organized by the Diocesan Catechetical Centre



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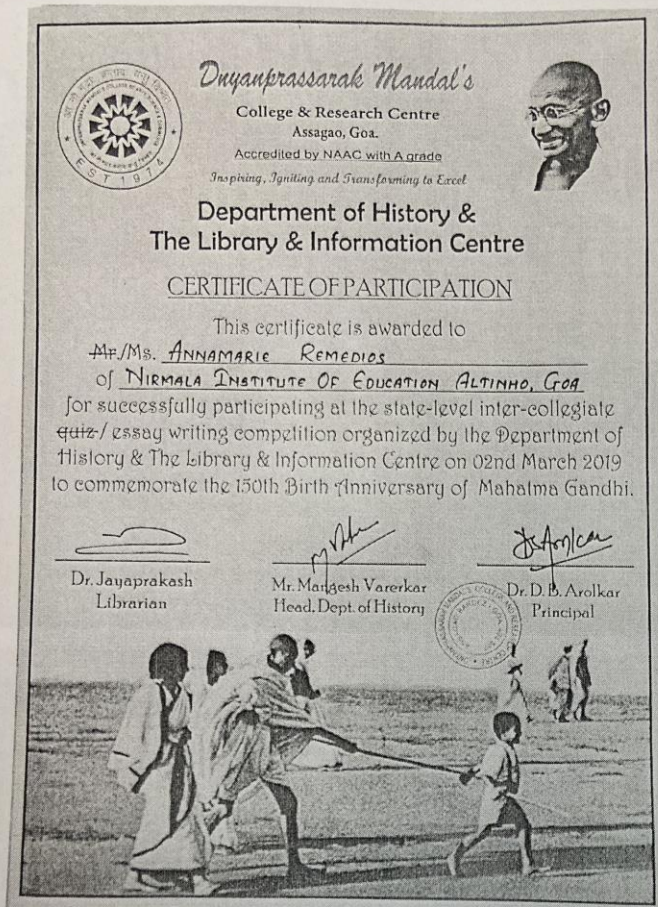
30. Leadership Camp at Nirmal Nature Camp



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31. Participation at State level Inter-Collegiate Essay Writing competition organised by Dept. of the Library & Information Centre



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### 5.3.2 Documentary evidence for the Cultural events during the year 2019-20

#### 1. SESSION ON PERFORMING ARTS

Ms. Anagha Deshpande introduced the trainees to the world of performing arts and dramatics. This lecture was solely intended towards teaching the essentials that dramatics demands from the trainees and it was explained well. Various activities were conducted, like Action-Reaction which involved two actors. This activity taught the trainees how to express themselves without uttering a word, and reacting rightly in the situation, along with a tinge of comedy.



The second activity was all about depiction and this was performed in groups. The third activity was also a group activity and here trainees had to freeze in time and depict the festivals and celebrations of India. The take away from the activities was that the trainees learnt various things like teamwork, leaders and followers, fast thinking, decision making and good coordination.

#### 2. GOA REVOLUTION DAY

The History method trainees commemorated the Goa Revolution Day on 18<sup>th</sup> June, 2019. Mr Prajal Sakhardande, Associate Professor in History of Dhempe college of Arts and Science, Miramar, Panaji, Goa was invited to grace the occasion. A prayer service was held remembering the sacrifices of the Goan Freedom Fighters followed by a small talk about the importance of Goa Revolution Day. Mr Sakardande spoke about the significance of the Goa Revolution Day. He asked the trainees to be active and lead a courageous life and be aware of the happenings around them. He enlightened them about the courageous life led by Goan freedom fighters, especially the women like Vatsala Kirtani and others, thus inspiring them to imbibe their values in their personal life. He also brought out

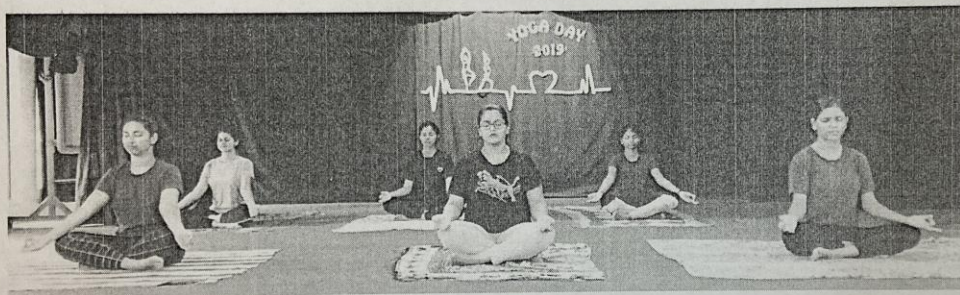




the lesser known facts about Goa Revolution Day and the great contributions of many obscure figures who with great courage and zeal strove for a change.

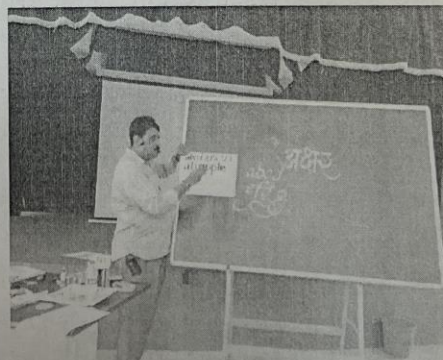
### 3. INTERNATIONAL YOGA DAY

International Yoga day was celebrated on 21<sup>st</sup> June, 2019. The Ministry of “AYUSH” declared the theme of this year as “Yoga for Heart”. The yoga exercises were conducted by the S. Y. B. Ed. teacher trainees. The importance of these exercises was explained. There were two sessions conducted of 45 minutes each. The faculty also participated in the session. They were ably conducted under the guidance of the director of Physical Education, Mr. Clifton Fernandes.



### 4. PUPPETRY SESION

Mr Deepak Gaad, a Visual Art Faculty at DIET, Porvorim gave a very interesting session on 28 June,2019 and showed the importance of puppetry and how it could be used for teaching. He started the session with simple mathematical lines and curves. Thereafter, he gave a brief explanation of different types of puppetry such as finger puppet, paper puppet, mask puppet, string puppet, rod puppet and shadow puppet caricatures. The speaker kept the students engrossed with his



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skilful artwork. He advised the trainees to use the right combination of colours to create an impact on the minds of the children and also to use flash cards in their teaching. A short three minutes film on puppetry was shown to create social awareness on AIDS. This session was organized for the F. Y. B.Ed. trainees.

## 5. ENVIRONMENT DAY CELEBRATION

Environment day was celebrated on 5<sup>th</sup> July 2019. It was inspired by the U.N theme “Beat Air Pollution” The celebration started with a short assembly shedding light on the U



N theme. A programme was organized which comprised of various items ranging from theatre to initiatives to be undertaken through the year. The members put up an entertaining yet informative street play. They screened a documentary prepared by them on a topic that society is grappling with. The topic for the documentary was, ‘Air Pollution caused by the Fire at the Sonsoddo Dump’. The highlight of the programme however, was the Cloth Bag Drive initiated by the group where they planned to stitch bags from discarded clothes and donating a part of the collected bags to the vendors in the market. They also encouraged their classmates to join in the novel venture. Dr. Delia Antao, Officiating Principal, while addressing the gathering, emphasised on harnessing good energy and having an optimistic approach towards saving the environment.

## 6. EID CELEBRATION

Eid- ul- Adha was celebrated on 9<sup>th</sup> August 2019. The programme began with a short assembly that cantered on the theme ‘Faith,’ which was followed by a minute’s silence to honour the memory of our founding Principal, Dr Teresa Kalathiveetil, whose first death anniversary it was.





A poem was recited by a trainee on the theme of Eid and a skit was performed entitled, "Eid Mubarak" and it also incorporated a Qawwali which was performed by the trainees.

## 7. INDEPENDENCE DAY

The theme for the Independence Day was DIVIDED BY BOUNDARIES, UNITED BY ONE DREAM. It was held on 15<sup>th</sup> August, 2019. The program started off with the hoisting of the National Flag which was hoisted by the Director, Dr.Rita Paes, and continued with a small program .The trainees of the D. El. Ed. sang a patriotic song and the B.Ed. trainees sang two patriotic songs to honour our freedom fighters .They sang "ae Watan' and 'Bharat



Hamko Jan se Pyara Hai'. A short presentation on the freedom timeline and the important events in the history of the freedom struggle were enacted by the students which highlighted the importance of the Revolt of 1857, the Jallianwala Bag massacre, the press act, salt satyagraha and various other acts imposed by the British government. A short film was shown in the form of a dance which was performed to the tune of 'Desh Rangila'. The programme concluded with the singing of the college anthem.

## 8. GANESH CHATURTHI CELEBRATIONS

The students of Nirmala Institute of Education celebrated Ganesh Chaturthi on 28<sup>th</sup> August 2019 with great pomp and gaiety. Ganesh Chaturthi is celebrated as the birthday of Lord Ganesha, the son of Lord Shiva and Parvati. The festival is also known as Vinayaka Chaturthi or Ganeshotsav.





The teacher trainees dressed themselves in Nawari sarees- the traditional attire. Colourful Rangolis adorned the floor, while the hall was beautifully decorated with flowers. The stage was decorated with a Matto to place the deity. The celebration started with the lighting of the traditional lamp after which the students entered the hall in a procession. They conducted a small Aarthi with devotional songs followed by the Fugdi dance. They explained about the significance of the festival and emphasized on eco-friendly ways of celebrating the festival. Officiating Principal, Dr Delia Antao said that one should not forget the culture, tradition and importance of celebrating festivals.

### **9. GENDER SENSITIZATION DAY**

Gender Sensitization Day was celebrated on 19<sup>th</sup> September, 2019. The day started off with an assembly which was based on the theme LOVE. The group members through the medium of prayer, dance and song, conveyed the message that love is a supreme and divine emotion and we need not do great things, but small things with great love towards our neighbours. A cultural programme was held with the theme BREAKING GENDER STEREOTYPES. The programme commenced with the screening of the video which conveyed the message that God created all human beings in his own image and likeness and it is humans who have created differences among themselves. The students then enacted various scenes depicting how society holds stereotypes towards males, females and transgenders. The scenes were then rewound and showed how society would function without stereotypes. The message of gender equality was loud and clear as the group members sang a song focusing on respect for all genders. The audience was then requested to take a pledge that they will promote gender equality. A video was also shown as a tribute to all those Indians who have been successful in their respective fields regardless of barriers of gender.

### **10. CHRISTMAS DAY**

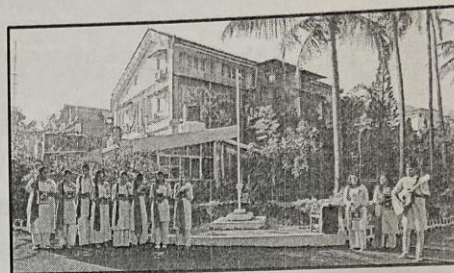
The Christmas celebration was held on 21<sup>st</sup> December, 2019. The day started with a small Assembly keeping in mind the theme 'Generosity'. Various scriptures were quoted from the Bible, and the Quran. It was followed by the Celebration of the Holy Eucharist and the theme for the same was 'The birth of Jesus brings life and light to the whole of humanity'. The main celebrant was Rev. Fr. Sredney



Antao. The teacher trainees of the first and second years gathered in the hall for a small celebration. We had a short play named 'Make Room for the Saviour' which had a beautiful message on the true essence of Christmas, that it is not only about partying or messaging others but it's about how you treat people around you and prepare yourselves to welcome Christ into your hearts. Many carols were sung like 'A King is Born', 'Teiat, Bhavartiamno' and 'Feliz Navidad'. Everyone enjoyed the games as they danced and sang to the beat of the carols being played.

## 11. REPUBLIC DAY

The 71st Republic day, was celebrated on 26<sup>th</sup> January 2020 at Nirmala Institute of Education. Sr. Maria unfurled the National flag. The program began with the hoisting of the National Flag followed by a short assembly. The theme selected was "I am because we are". This was then followed by



a short prayer, to thank the Almighty, which included reading of the scriptures from the Bible, The Quran and the Bhagavad Gita, and a hymn "Refiners Fire".

Vibha Manerikar, an F.Y. B.Ed. teacher trainee, recited a poem to the students and faculty. The thought was a fragment of ideas and beliefs of none other than the Father of our Nation, Mahatma Gandhi, that read... "Strength does not come from physical capacity, it comes from an indomitable will". The assembly culminated after the reading of the news headlines, and the parade was dismissed. A short cultural program followed. The program was preceded by a short address by Dr. Rita Paes, Director of Nirmala Institute of Education. The cultural program began with a short prayer dance on the song, 'Carry your Candle' to invoke God's presence in our lives. Fundamental duties are as important as fundamental rights, and this was beautifully put forward through a skit by the teacher trainees.

## 12. GANDHI JAYANTI CELEBRATION

All nine celebration groups at NIE were assigned specific spots to be cleaned as part of Gandhi Jayanti. The theme for this year was *Fantastic Green Plastic*. Trainees painted a number of plastic bottles and containers with oil paint. Some of the bottles were cut out in assorted shapes. The plastic bottles served as vases



for the plants. A few of the plants were grown in the lawn. The entire stretch of the lawn was landscaped into something relatively new. This was beautifully done with the cooperation of the entire group and the two mentors. At the end of it all, the Independence Day celebration group bagged the second place in the competition to beautify the campus.

### 13. SWACHHATA PAKHWADA

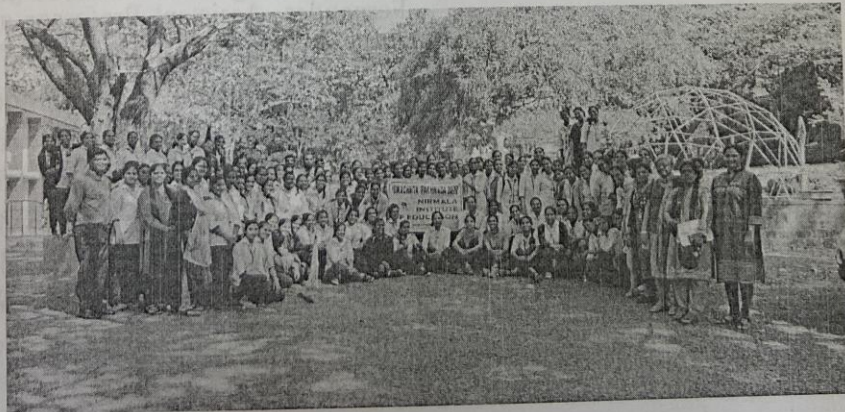
The Nirmala Institute of Education, Altinho, Panaji began the first activity of Swatchhta Pakhwada 2020 on 15/01/2020 as 16/01/2020 was declared a holiday for the college in view of the feast of St. Joseph Vaz .



The First year and Second year B.Ed. students along with the members of the Faculty and staff took part in the Swatchhta Pledge taking ceremony held at 4.00 p.m. The pledge was read by Ms.Anisha Pednekar a S.Y.B.Ed . student.

Date: 21/01/2020

We at Nirmala Institute of Education along with the students of F.Y.B.Ed and S.Y.B.Ed, Faculty and non-Faculty organized a cleanliness drive in our campus in accordance with the observation of the Swatchhta Pakhwada for the year





2020 .The students in their groups were allotted various places in the campus to do the cleaning. The work was completed in the allocated time with active participation from all students and the staff. A large number of the students gave very positive feedback stating that they had a very good experience and engaged in activities that they wouldn't normally do.

#### 14. GOA DAY ANNUAL EVENT - "ABOLIANCHEM FEST"

The much awaited Abolianchem Fest dawned with excitement at its peak. The teacher trainees eagerly celebrated the ethos of Goa through food, music, dance, art and much more on 1<sup>st</sup> February 2020 at the Nirmala Institute of Education. The traditional brass band performed to the distinct musical configuration of instruments to provide a popular and evocative prelude in order to celebrate our Goan identity in tune with the festive parade dressed in their ethnic best. The inaugural commenced with a prayer dance to invoke God's blessings. The teacher trainees performed in their mellifluous voices to the accompaniment of musical instruments such as the ghumot, violin, organ and the guitar; to sing the official



NIRMALA INSTITUTE OF EDUCATION

Cordially invites you for  
GOA DAY CELEBRATIONS

*Abolianchem Fest*

9 February 2019, 10a.m.-5p.m. at NIE Grounds, Altinho-Panjim, Goa.

was followed by the D. El.Ed. Students singing the lyrics of the original composition – 'Goenchi Mati' by Ms. Alisha D'Cunha, lecturer, D.El.Ed. Section at Nirmala Institute of Education and Mr. Noel Barreto. The objective of the festival is to document, generate knowledge about our environment and socio-cultural resources, as well as share knowledge for sustainable living for the present and the future generations. This year the focus being 'Goenchi Mati', the entire fest was woven around the theme, 'Soil of

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Goa', which was accentuated through the delicate detailing of the set-up at the venue namely – *the Ro'in* (the anthill) at the entrance, *the maand* with the world's largest *Mhadalem* and *Ghumot*; both lent by cultural activist Mr. Marius Fernandes. The *Fest* featured the art and decoration stall, food stall, medicinal and ornamental plants stall, traditional games stall, and the photo-booth which reminisces the mud houses with the authentic *chooul*.

The Cantaram group comprising of the F.Y and S.Y B.Ed. trainees blended their euphonious voices to the lyrics of Roque Lazarus' 'Goenkarponn' and the mando, that captivated the audience. An enthralling performance of music reverberating with the beautiful sounds of Goa's *ghumot* was presented by the teacher trainees under the guidance of the renowned percussionist Mr. Carlos Gonsalves. The D. El.Ed. trainees and the MA Wellness students put up a graceful and solemn performance singing the traditional Goan songs, celebrating the uniqueness of Goa and rekindled the true Goan spirit among the listeners.

The teacher trainees clad in elegant traditional attires danced to the beat of the '*cotti fugdi*' and '*kalshi fugdi*'. A harvest dance was also performed enacting the harvest scene giving a true picture of peace and harmony in an otherwise restless world. The age old Goan traditional games such as *Fatrani* and *Mitani* were demonstrated to the public by the teacher trainees. Various games such as *Tikem*, *Virani*, *Tablam* and fun games delighted the audience.

The food group arrayed a wide variety of delicious and mouth-watering and traditional Goan snacks, meals and sweets. While the programme was going on, the participants, as well as the guests helped themselves to the lip smacking items such as fish cones, canapes, chicken croquettes and sausage bread to name a few. The live counter served chicken steak, ross omelette and alle belle besides others. The lunch counter served fish and vegetarian thali, chicken vindaloo and chicken xacuti with sannas. The fruit salad with ice cream was an instant hit although there were other sweets like caramel pudding, rum balls, chocolates and truffles. To quench the thirst of the guests there were a wide variety of homemade drinks,

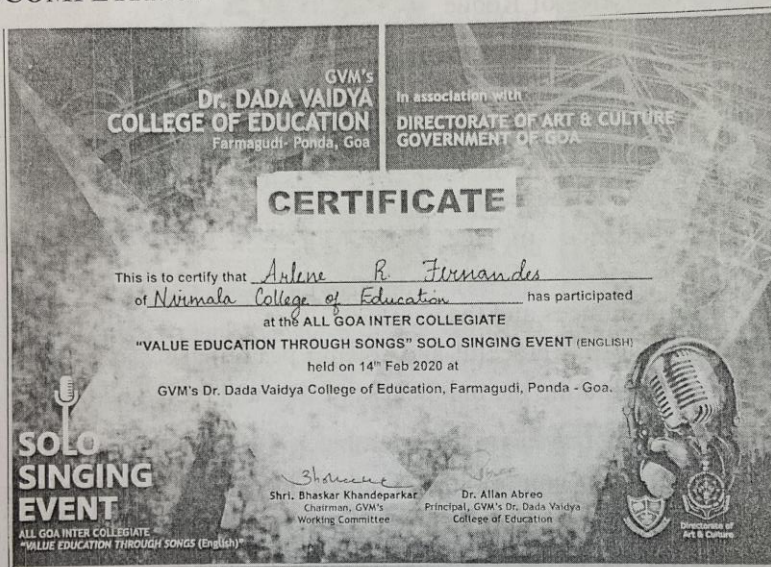


  
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shakes and mocktails. They also had a Goan Kunbbi food counter, where the food was served by a couple with their traditional costume, which included ambil, satva, tizan, pez and toracho. The group also made paper bags as an eco-friendly initiative to pack the eats bought by the guests to take home. They made a sizeable profit. Goan folk stories were enacted using props, puppets and role plays by the pre-primary teacher trainees. The main purpose was to nurture in the young minds a sense of value and well-being.

### 15. SOLO SINGING EVENT-PARTICIPATED AT ALL GOA INTER-COLLEGIATE VALUE EDUCATION THROUGH SONGS COMPETITION



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## 16. EK BHARAT SHRESHTHA BHARAT ACTIVITIES- MATRIBHASHA DIWAS

21st February 2020 is marked as the 'Matribhasha Diwas'. So, to honour the Mother tongue, the 'Matribhasha Diwas' was celebrated on 20th February 2020. The First Year and Second Year B.Ed. trainees of the Konkani Department organized the whole event. The rally on Mother Tongue Slogans, created



awareness about the significance of the mother tongue and the need to preserve it. It is one of the 22 scheduled languages mentioned in the Indian Constitution, the official language of the state of Goa, and the minority language in Karnataka and Northern Kerala (Kasaragod district). The backdrop for the day depicted no matter how successful we become; we should still hold on to our roots. The theme was 'Konkanicho Abhimaan, Maatribhashecho Swaabhimaan'. A song was composed in Konkani expressing the message of love for the Mother tongue. Later a brief Power Point Presentation was presented on the historical and the cultural aspects of the Konkani language.

The first years performed a short skit on the various highlights where Konkani needs to be given the respect, it deserves. The skit ended by a song portraying that we need to save our traditions and language which is a gift to us from our ancestors. This was followed by a quiz on Goan culture for all the non-Konkani students. The quiz was meant to check the knowledge of the students and also to give information about their own mother tongue. The winners were announced soon after the quiz. To make the audience laugh and convey to them how Goans portray themselves and how they disgrace their own authenticity, a short filler was presented. The culture of Goa was delivered through a dance by the trainees of S. Y. B.Ed. who performed the katti fugdi on the beat of "Konkani





amchi Goenchi bhas" song, composed and sung by Remo Fernandes. A book exhibition was displayed in the college campus and charts were prepared by the F. Y. B.Ed. students based on the Konkani vocabulary to show how rich and diverse the Goan language is.

### Ek Bharat Shrestha Bharat Quiz Contests

The Ministry of Tourism is pleased to declare the winners of Ek Bharat Shrestha Bharat Quiz Contests organized in order to create interest and awareness amongst the general public on various tourist destinations and encourage them to visit different tourist destinations in Incredible India. The quiz questions were about the pairing states in general with an emphasis on Tourism, Culture and History of the particular state. The Quiz Competition was organized with effect from 1st January to 30th June 2020 on the MyGov Platform.

The following Winners of the Quiz Competition have been selected online on the basis of correct answers and minimum time taken to answer the questions:

<b>Quiz State</b>	<b>Andhra Pradesh</b>
<b>Paired State</b>	<b>Punjab</b>
Name	Priyanka Kondapaneni (User ID 17496004)
<b>Quiz State</b>	<b>Punjab</b>
<b>Paired State</b>	<b>Andhra Pradesh</b>
Name	Suresh Gehlot (User ID 2658374)
<b>Quiz State</b>	<b>J&amp;K and Ladakh</b>
<b>Paired State</b>	<b>Tamilnadu</b>
Name	Kirthana (User ID 16258554)
<b>Quiz State</b>	<b>Tamilnadu</b>
<b>Paired State 1</b>	<b>J&amp;K</b>
Name	NAVNEET (User ID 2754994)
<b>Paired State 2</b>	<b>Ladakh</b>
Name	Vijayadarshini (User Id 17330374)
<b>Quiz State</b>	<b>Himachal Pradesh</b>
<b>Paired State</b>	<b>Kerala</b>
Name	Saraswathy N (User ID 471556)
<b>Quiz State</b>	<b>Kerala</b>
<b>Paired State</b>	<b>Himachal Pradesh</b>
Name	Sanjay Mishra (User ID 6114254)



<b>Quiz State</b>	<b>Madhya Pradesh</b>
<b>Paired State 1</b>	<b>Manipur</b>
Name	RICHARD KONSAM (User ID 12337834)
<b>Paired State 2</b>	<b>Nagaland</b>
Name	Bisesh Paul (User ID 7712614)
<b>Quiz State</b>	<b>Manipur &amp; Nagaland</b>
<b>Paired State</b>	<b>Madhya Pradesh</b>
Name	Ajeet Upadhyay (User ID 15610024)
<b>Quiz State</b>	<b>Uttar Pradesh</b>
<b>Paired State 1</b>	<b>Arunachal Pradesh</b>
Name	Sonu kumari (User ID 17899614)
<b>Paired State 2</b>	<b>Meghalya</b>
Name	Angad Tiwari (User ID 17793004)
<b>Quiz State</b>	<b>Arunachal Pradesh &amp; Meghalya</b>
<b>Paired State</b>	<b>Uttar Pradesh</b>
Name	Rohit Kumar (User ID 17571534)
<b>Quiz State</b>	<b>Karnataka</b>
<b>Paired State</b>	<b>Uttrakhand</b>
Name	Akshit Kukreti (User ID 17689054)
<b>Quiz State</b>	<b>Uttrakhand</b>
<b>Paired State</b>	<b>Karnataka</b>
Name :	Krish 25022003 (User ID 7389364)
<b>Quiz State</b>	<b>Bihar</b>
<b>Paired State 1</b>	<b>Tripura</b>
Name	aditya kumar (User ID 7510214)
<b>Paired State 2</b>	<b>Mizoram</b>
Name	Lalrohlua Ngente (User ID 18118254)
<b>Quiz State</b>	<b>Tripura &amp; Mizoram</b>
<b>Paired State</b>	<b>Bihar</b>
Name	Anand Ranjan Prasad (User ID 16040414)

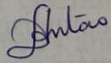


Quiz State	Haryana
Paired State	Telangana
Name	Siri Reddy (User ID 18097004)
Quiz State	Telangana
Paired State	Haryana
Name	Shubham (User ID 4203574)
Quiz State	Rajasthan
Paired State	Assam
Name	RITURAJ BORAH (User ID 6272514)
Quiz State	Assam
Paired State	Rajasthan
Name	Jitesh Rajwani (User ID 18396064)
Quiz State	Gujarat
Paired State	Chhattisgarh
Name	ISHAN VERMA (User ID 1380114)
Quiz State	Chhattisgarh
Paired State	Gujarat
Name	Viradiya Ravi Jagdishbhai (User ID 17521874)
Quiz State	Maharashtra
Paired State	Odisha
Name	BIJAN KUMAR PANIGRAHI (User ID 2447694)
Quiz State	Odisha
Paired State	Maharashtra
Name	Ritesh Nagmote (User ID 674219)
Quiz State	Goa
Paired State	Jharkhand
Name	Mansi Kumari (User ID 19232514)
Quiz State	Jharkhand
Paired State	Goa
Name	Diana Colaco (User ID 449918)
Quiz State	Delhi
Paired State	Sikkim



Name	Nirmal Bhattarai (User ID )
<b>Quiz State</b>	Sikkim
<b>Paired State</b>	Delhi
Name	Arushi Bansal (User ID 20420954)
<b>Quiz State</b>	Chandigarh
<b>Paired State</b>	Dadra & Nagar Haveli
Name	Mohit Patil (User ID 21525254)
<b>Quiz State</b>	Dadra & Nagar Haveli
<b>Paired State</b>	Chandigarh
Name	vineet kumar tiwati (User ID 54750)
<b>Quiz State</b>	Puducherry
<b>Paired State</b>	Daman & Diu
Name	Sushil Anilkumar Chauhan (User ID 21621634)
<b>Quiz State</b>	Daman & Diu
<b>Paired State</b>	Puducherry
Name	suganthi vijayasankaran (User ID 22085724)
<b>Quiz State</b>	Andaman and Nicobar Quiz
<b>Paired State</b>	Lakshdeep
Name	Nisha Tamal (User ID 22288424)
<b>Quiz State</b>	Lakshdeep Quiz
<b>Paired State</b>	Andaman and Nicobar
Name	Himanshu Kumar Gupta (User ID 22387304)

The prize for the winners would be an all paid trip to the pairing state for winner + one companion (2 Nights and 3 Days on a fixed itinerary). Hearty Congratulations to the winners!!!

  
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Nirmala Institute of Education  
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## 17. LEADERSHIP CAMP



## 18. WOMEN'S DAY-INTERNATIONAL DAY OF WOMEN

Saksham Cell of the Nirmala Institute of Education has celebrated International Day of Women on the 8th of March 2020. On the occasion of this Poster Making competition was organized for the first-year students. The theme of the competition was 'Choose to Challenge'.

## 19. PRIDE AND PREJUDICE (PLAY)

### REPORT: PRIDE AND PREJUDICE

Nirmala Institute of Education successfully staged its 'Magnum Opus' titled 'PRIDE AND PREJUDICE' a literary masterpiece by the celebrated author Jane Austen on the 9th of February, 2020 at Ravindra Bhavan Hall, Margao at 5.00 pm. The semi-musical play was brilliantly directed by Fr. Walter D'Souza, belonging to the Archdiocese of Mumbai. The event was planned, conceptualised and coordinated by Ms. Millie Pereira.

The main objectives for undertaking this gala event were as follows:

- To provide a platform to celebrate and showcase the creative potential of our talented teacher trainees;

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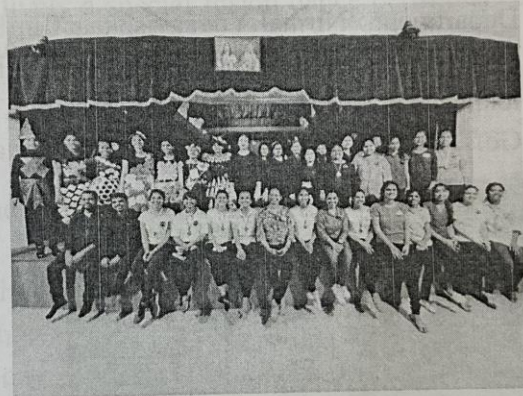
•To ignite and rekindle a love for literature of the world in the hearts of our youngsters especially students studying in schools and colleges all over the state;

•Above all, to prepare our teacher trainees to undertake such events in their respective institutes and thus empower future generations.

The audience was mesmerised by the magical amalgamation of choreography, singing and histrionics. The LED projections enthralled everyone present for the show. The cast and crew received a standing ovation from an ever-cheering audience. The first show was a grand success and due to the overwhelming response and an incessant demand by drama lovers from all across the state, a second show was staged on the 5th of March, 2020 at 6.00pm. at Ravindra Bhavan, Margao. The second show was received with the same enthusiasm and ardour. The hall was packed to its capacity once again with the audience gleefully applauding at the end of every scene. And then –once again there was a grand standing ovation from an enthralled audience!

## 20. MATHEMATICS DAY

The 'Mathematics Day' was organized by the S.Y. B.Ed. Mathematics students on 20<sup>th</sup> December 2019 at 3.30 p.m. The theme chosen for the mathematics day was 'Math Fiesta', signifying mathematics as a beautiful blend of music, poetry, patterns and dance. The programme began on a fun note tuning in mathematical concepts into



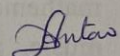
a song. A presentation on the famous Indian mathematician Srinivasa Ramanujan was delivered to the audience, which laid emphasis on his immense dedication and highly unconventional contribution towards mathematics. An entertaining dance performance was presented by the students displaying symmetry and the various geometrical shapes by body movements. This was followed by a mime which marked a tribute to all the mathematics teachers who are passionate about their work and have always been a true inspiration to their students. The programme concluded with a beguiling fashion show presenting geometric shapes in their glamorous form. The ambience was well set up with a striking



photo booth with eye-catching and witty cards to hold while posing. Attractive bulletin boards consisting of puzzles and brain teasers were also displayed.

## 21. KONKANI DAY

The Konkani Day was celebrated by the S.Y. B.Ed. trainees of Konkani method on 28<sup>th</sup> January 2020. The theme for the programme was “**Mati Aamchi Nizachi, Denngi ti Saimachi**” which focused on the aspects of Goan soil and its rich heritage. A brief information on the importance of Konkani Day through PowerPoint presentation was given. The backdrop highlighted the importance of “Ant-hill” or “Roinn” which never loses its essence in the deep forest. The song “Utt re Goenkara” composed by the trainees highlighted the issues like exploitation of soil due to mining. The trainees also prepared mud related models which were displayed and explained through a PowerPoint presentation. Thereafter the programme continued with a contemporary dance on the song “Bhui Mhaji”. The skit performed depicted a Goan potters’ life and his struggle to save his profession. The trainees also enacted four fun filled fillers using the Konkani vocabulary and the dialects. The first newsletter of the Konkani Department, ‘Nirmal Yuvaavishkaar’ in Konkani was released. It was initiated by the first year Konkani B.Ed. trainees. Finally, there was a fusion dance or mell loknaachancho wherein the different folk dances of Goa like Mussal, Dhangar, Goff, Kunbi, Ghode modnni, Veerbhadra and Shigmo were performed.

  
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## 22. HINDI DAY

The Hindi Day was celebrated on 26 February 2020. It was organized by the second year Hindi method trainees. The theme of this Hindi Day was, **‘Ekta ki jaan hai Hindi, desh ki shaan hai Hindi’**. In the



beginning of the programme the importance of Hindi and the reason for celebrating it was explained in brief. After that through a power point presentation information was provided on ‘Hindi ke Kaal’. Then, three stories of the famous Hindi writer, Munshi Premchand (Idgah, Kafan and Thakur ka Kua) were depicted in drama form regarding current social issues. Through every act a beautiful message was given to the viewers. Hindi language is most commonly spoken in India. The trainees also made various maps which depicted famous food, language, monuments, festivals, writers and spices. Questions were asked based on the same through Kahoot and prizes were given to the winners. To make the programme more interesting and lively a special fusion dance performance was presented in which the famous dance of each state was performed.

## 23. HISTORY DAY

The S. Y. B.Ed. History method trainees celebrated the History Day on 4<sup>th</sup> February, 2020. At the onset they invoked God’s blessings with a short prayer and a hymn. The theme for the day was "Goan Nostalgia". A brief presentation on the History of Goa was



made. The students sang in melodious voices as they sang nostalgic mandos. This was followed by another presentation on the traditional occupations of Goa. They made the trainees feel a part of the celebration by organizing the Kahoot Quiz on Goa. The dance group mesmerized the audience by showcasing the prominent traditional dances of Goa, such as Dekhni, Dhalo and Kharvi. This was followed by a street play highlighting the protection of the true Goan identity. They also had a fashion show on the theme traditional Goan occupations.



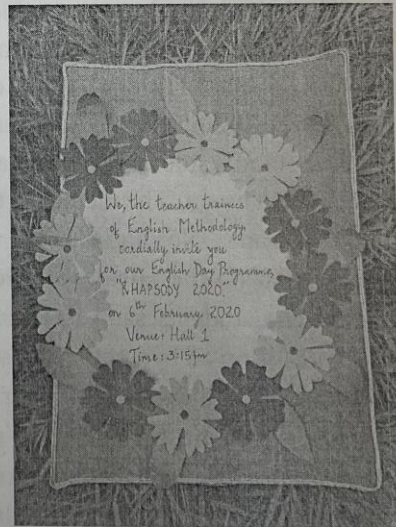
## 24. Science Day

The anticipated Science day, at Nirmala Institute Of Education, was held on the 17th February 2020 at 10.30 am. organized by the Science pedagogy students, the programme was based on the theme WOMEN IN SCIENCE and began with a short reflection on the hymn 'Ten Thousand Reasons' in the College Hall 1. This was then followed by the release of the Science Newsletter by Dr. Sr. Rita Paes and Mrs. Ximena Fonseca. Next, a melodious performance stating the need to treat men and women equally was put up. This was followed by the mesmerizing journey that led to the accomplishment of Mission to Mars in the form of a dance, paying tribute to the tireless efforts of India's eminent women scientists. The students also put up a thought-provoking mime on harmful effects of pollution on the environment and irresponsible water use and its wastage. A short video remembering major contributions by women scientists of the world was also screened for the gathering. After the programme concluded, everyone was invited to a short exhibition put up science methodology students, displaying working models based on various scientific principles.

## 25. ENGLISH DAY

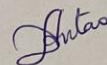
### ENGLISH DAY CELEBRATION: RHAPSODY 2020

The English Day was celebrated on the 5<sup>th</sup> of February 2020 at 3.15 p.m. in the NIE Main Hall. The programme began with a prayer invoking God's abundant blessings on Nirmala Institute of Education and on the entire extended Nirmala family. This academic year, 'Rhapsody 2020' included a skit titled 'Shakespearean Twist in the Tale, a cos-drama highlighting Grimm Brothers' fairy tales in a unique tableau, an impressive western- classical fusion English dance, and a mellifluous rendition of pop medley. Then followed the Principal's expression of appreciation and the formal Vote of Thanks. The event was a resounding success, celebrating English language down the ages and the multifaceted artistic expression of the Teacher Trainees belonging to English Methodology Group. The cultural event was indeed a testament to Nirmala Institute of Education's commitment to





holistic education. The programme ended at 4.30p.m. with everyone present singing the Nirmala Anthem in unison.



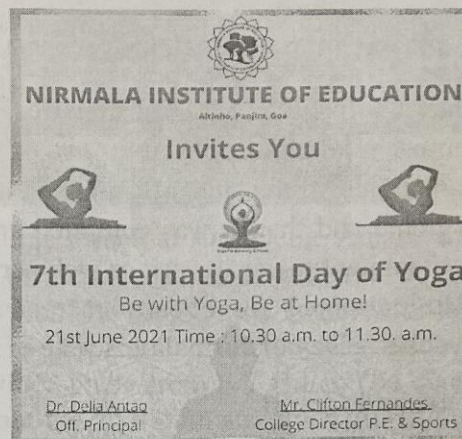
**Dr. (Miss) Delia Antao**  
**Offg. Principal**  
**Nirmala Institute of Education**  
**Altinho, Panaji, Goa**



### 5.3.2 Documentary evidence for the Cultural events during the Year 2020-21

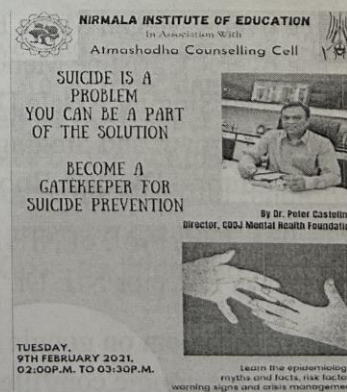
#### 1. 7TH INTERNATIONAL DAY OF YOGA - 21ST JUNE 2021

7th International Day of Yoga was held at Nirmala Institute of Education on 21st June 2021. Due to Prevailing pandemic situation the Yoga from home was organized for the students. The students had to perform Yoga Asanas at home following common Yoga protocol issued by Ministry of Ayush and send videos and Pictures of the same. A total of 93 students participated in the event. The staff of Institute participated and performed yoga at the college hall performing yoga following the common Yoga protocol. Event in-charge Mr. Clifton Fernandes College Director Physical education and Sports gave a brief introduction to IDY 2021 and also introduced the theme for the year 'Yoga for Wellness' followed by Yoga asanas. At the end of the program Off. Principal Dr. Delia Antao highlighted the importance of Yoga for healthy living and encouraged the staff to practice Yoga daily. The principal proposed to setup a Yoga Club at the institute. E-certificates were issued to all the participants.



#### 2. GATEKEEPER TRAINING WORKSHOP FOR SUICIDE PREVENTION

Tuesday the 9th of February 2021, Atmashodha Counselling Cell, Nirmala Institute of Education organized a Gatekeeper training workshop for suicide prevention. It was held on the campus. Also, the live streaming was done on YouTube so as to benefit all teacher trainees and community. Dr. Peter Castelino, the Director of COOJ Mental Health Foundation-Goa was the resource person for the session. Dr. Peter led the session beautifully by explaining the importance of empathy that gatekeepers should possess and why we as a community need to actively



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intervene. The most attractive part of this workshop was the display and decor of the Kites with the messages of suicide prevention by the First Year B.Ed. trainees.

[https://m.facebook.com/story.php?story\\_fbid=5108082442597913&id=100001886224376](https://m.facebook.com/story.php?story_fbid=5108082442597913&id=100001886224376)

### 3. POEM PRESENTATION ACTIVITY

Nirmala Institute of Education took initiative to produce a small video to represent a philosophical poem of a renowned Poet Khalil Gibran during pandemic. All the students involved in this presentation had recorded their parts at home and then it was compiled and edited. This was prepared as an online contentment to use in various webinars of NIE for the teacher community. It was also presented for Faculty members and students in online celebration of Teacher's Day of Nirmala Institute of Education on 10<sup>th</sup> sept 2020.

#### Cast and Credit

Collection – The Prophet by Khalil Gibran

Poem – The Teacher

Choreography – Priyanka Verekar and Prerna Palekar

Camera operator – Sanish Kerkar

Students Involved:

1. Voice over - Anoushka Cynthia D'mello
2. Voice over - Achielia Fernandes
3. Voice over - Annamarie Remedios
4. Voice over - Megan Maria Barreto
5. Voice over - Christine Mendonza
6. Guitar and Singing – Dale Dias
7. Tune, Keyboard and Singing – Cybil Antao
8. Video Editor – Dwayne Robert Fernandes

Concept: Asst. Prof. of NIE Anagha Deshpande

Guidance: Director NIE Dr. Rita Paes.

Link of the poem on google drive:-

<https://drive.google.com/file/d/1cESVFPGYW6vKzSopv8L3WDTihWUs4uEX/view?usp=sharing>



*Dr. (Miss) Delia Antao*

Dr. (Miss) Delia Antao  
Offg. Principal  
Nirmala Institute of Education  
Altinho, Panaji, Goa



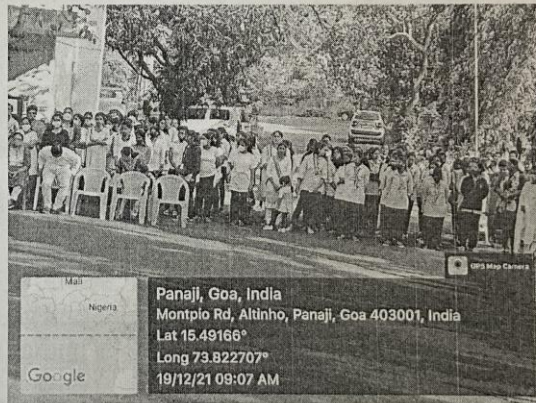
#### 4. GOA LIBERATION DAY CELEBRATION

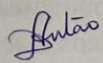
The Nirmala Institute of Education celebrated the 60<sup>th</sup> Goa Liberation Day on 19<sup>th</sup> December 2021 at the NIE Campus, Altinho, Panaji-Goa. Dr. Rita Paes (Director of Nirmala Institute of Education) was the Chief guest for the day.



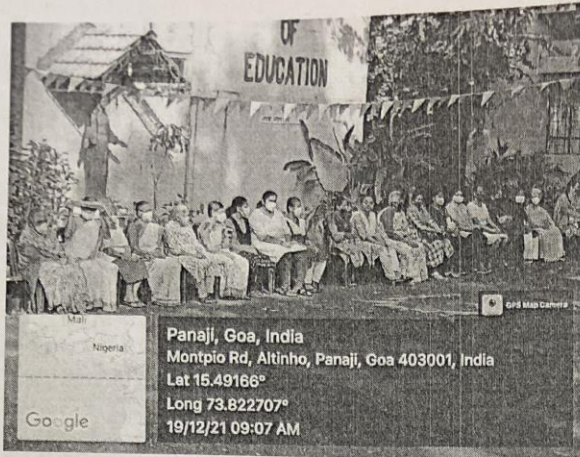
The entire institute including our officiating Principal Dr. Delia Antao, the faculty, teaching, non-teaching staff and the teacher trainees gathered at the assembly point for the programme at 8.45 am. The programme began with the prayer service followed by the flag hoisting and the National anthem. The teacher trainees then had a march past led by Govinda Fadte from F.Y.B.Ed. The chief guest then gave her message, speaking about the liberation struggles glorifying the heroes of the state who helped Goa gain independence from the Portuguese.

Dr. Paes added by saying “We know that there is much more than just the pages in history for us to reflect on. We need to liberate ourselves from the little details of our lives-value and respect for the things we use, the people we meet and love others as ourselves. If we choose to call ourselves a community with diverse cultures and traditions, we must restore the social fabric and the confidence of the happy, peaceful and safe state of Goa that we had once enjoyed. The programme was further followed by the Lezim drill, An Aerobic dance and the traditional Goan Mando. All the items were performed by the teacher trainees of the F.Y.B.Ed division. There was a special performance by the D.El.Ed. Teacher trainees who aroused the sentiments of our hearts through the beautiful rendition of the song ‘Goenchi Mathi’. It was indeed a great programme and the performances were truly mesmerizing keeping our Goan tradition and heritage alive.



  
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Nirmala Institute of Education  
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## 5. CHRISTMAS DAY CELEBRATION.

The teacher trainees of Nirmala Institute of Education were gearing up for Christmas and the preparations began one month back wherein the teacher trainees of the Christmas celebration group brainstormed the theme, began to plan how to decorate the boards in a traditional manner, decided to perform a shadow skit and shortlisted different ideas for the entire program. Each member of the group decided to work on a particular task. The Christmas celebration group was mentored by Sir. Raymond Pereira who inspired us to do our best and guided us throughout.



A shadow skit was presented by the Christmas celebration group depicting the birth of Christ. The shadow act was titled, "Emmanuel-our God is with us". The message was crystal clear as the Lord has come to us through his nativity and continues to dwell in us even today. The shadow skit was followed by the cutting of the cake on the occasion of Christ's birth day. Sr. Olga Vaz, Dr. Delia Antao, Dr. Rita Paes, Fr. Haston Fernandes and Ms. Limora D'Souza gathered and cut the ceremonial cake. Our principal, Dr. Delia Antao, gave us an inspirational Christmas message that we shall endeavor to live by it. Lastly, the carols of the winning teams were projected on the screen and everyone enjoyed watching the videos that showed the efforts and creativity of the teacher trainees.

*Delia Antao*

**Dr. (Miss) Delia Antao**  
**Offg. Principal**  
**Nirmala Institute of Education**  
**Altinho, Panaji, Goa**



## 6. PERFORMING ART ACTIVITY -STREET PLAYS FOR MGNCRE

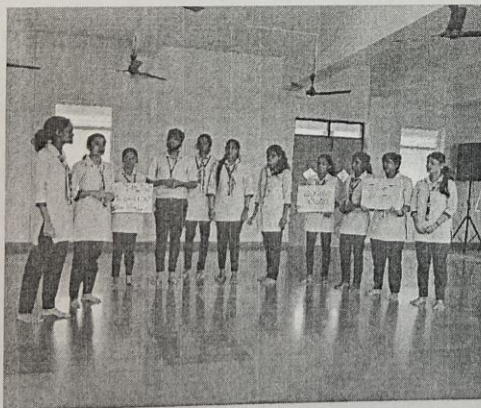
On 16<sup>th</sup> March 2021, Orientation was given to all the students of S.Y. B. Ed. by Asst. Prof. of Performing Arts, Ms Anagha Deshpande on “Utilisation and Components of Street Plays”. On the very same day Eight Groups were made as per the Roll numbers of the students. The Group members had a discussion



and everyone were instructed to get ideas for the Topic allotted as per the components of MGNCRE. The topics were **1) Single use Plastic 2) Save Water 3) Waste Management 4) Sanitation and Hygiene 5) Energy Management 6) Go Green 7) Post Covid Sanitization 8) Save water; Every drop counts.**

You Tube link of all the eight street plays performed by students of S.Y. B.Ed.

<https://www.youtube.com/watch?v=raZ0tK0oerk&list=PLLB1jjoZIYNA6irfPPhQmlwJ86kHCqxbY&index=1>



## 7. SCIEN TOON COMPETITION

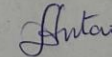
The Students' Council of Nirmala Institute of Education, Altinho, Goa, along with faculty members, Ms. Ximena Fonseca and Mr. Subodh Haldankar, organised a Scientoon Competition for the F.Y.B.Ed teacher trainees in order to celebrate World Sleep Day on 19th March 2021. The objective of the online



competition was to sensitise the young adults on the importance of sleep and the consequences of sleep deprivation that has been escalating in the recent years due to several factors such as stress, depression, eating disorders, modern lifestyle, etc., thus helping them to make health and well-being a priority. 'Sleep: A Priority and Necessity' was chosen as the topic for the competition. The teacher trainees were provided the opportunity to display their creativity either by drawing the Scientoon by hand or by designing it digitally.

**8. Participated as a poet in an INTERNATIONAL POETRY FEST hosted by the Trinity College for Women (Arts & Science), Tamil Nadu and the Edugroom India Foundation**



  
Dr. (Miss) Delia Antao  
Offg. Principal  
Nirmala Institute of Education  
Altinho, Panaji, Goa



2021-22

### 5.3.2 Documentary evidence for the Cultural events during the Year 2021-22

#### 1. Diwali Day-Akash Kandil Competition



#### AKASH KANDIL MAKING COMPETITION

"The essential symbol of Light - AKASH KANDIL"

We the F.Y.B.Ed Teacher Trainees from the Diwali Group along with our Mentor, would like your active participation in the AKASH KANDIL MAKING COMPETITION

On  
29th October, 2021

##### Rules and Regulations

- Akash kandil should be purely Traditional.
- Team's as per the celebration groups only.
- Teaching staff as one team.
- Non- Teaching staff as one team.
- The competition will begin sharp at 2:00pm.
- Participants will be given 45min, to show their Creativity.
- Akash kandil should be made using eco-friendly materials.
- since it should be made from eco- friendly materials, required materials and stationery like scissor, thread, etc. should be brought by the participants.
- No use of thermocol and plastic.
- Each team will be allotted a classroom to make their Akash kandil.
- Teams are requested to be in their classrooms allotted by 1:45pm.
- Not ready or semi-finished Akash kandil would not be accepted from participants in competition.
- Participants will be judged on Creativity, Utilization of Resources, ARTISTE composition & design, Eco-friendly rating, Utility of the Product and Overall presentation.
- The decision of the judges will be considered final and binding.

For Queries  
contact- Hansie ( 9834140785)  
Ankita ( 7083440615)

Dr. (Miss) Delia Antao  
Offg. Principal  
Nirmala Institute of Education  
Altinho, Panaji, Goa





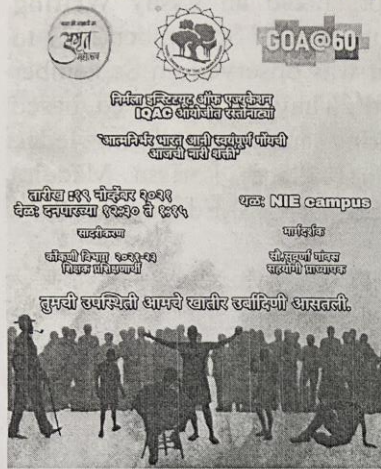
## 2. Street Play-'Atmanirbhar Bharat Ani Swayampurna Goenchi Aajchi Naarishakti''

The First Year B.Ed. students of the Konkani Methodology performed street plays on the theme '**Aatmanirbhar Bharat Ani Swayampurna Goenchi Aajchi Naarishakti**' to celebrate 'Bharat ki Azadi ka Amrut Mahotsav and Goa @60' with a special focus on 'Women Empowerment', on 19<sup>th</sup> November 2021. The North Goa group performed on the topic '**Aatmanirbhar Bharatachi Aajchi Naarishakti**'. The main focus was on the changing roles of women in contemporary India. The issues that were highlighted were changing roles of women in male dominant employment fields women's achievements in sports, empowerment of women through various organizations like Self Help Groups, and entrepreneurship. The play also focused on gender equity by showing the role of some men assisting in household chores. Songs were also sung highlighting



the issues and how women have come forward to show their strengths at various levels.

The South Goa students' group performed the street play on 'Swayampurna



**Goenchi Aajchi Naarishakti'** to spread awareness about the problems faced by women in society. The entire idea of the street play was to enlighten the minds of people about the importance of every woman in society.

Domestic violence which is deeply entrenched and widely prevalent in our society was highlighted under the 'Protection of Women from Domestic Violence Act 2005'. Equal rights for Women were highlighted based on 'The equal Remuneration Act 1976' and the safety of women was also taken into consideration under 'Section 354 A of the Indian Penal Code. The

songs that were sung were also related to women's empowerment.

### 3. Star making competition and the Christmas carol singing competition-CHRISTMAS DAY CELEBRATION

Christmas is a time that heralds the birth of Christ and everyone prepares on their way to celebrate Christ's birthday. The teaser poster with announcements for the Christmas program and competitions were sent across, the invitation cards were prepared and campus decorations such as the crib and the stars were ready. A few days before the celebration, we conducted two competitions, namely, the star-making competition and the Christmas carol singing competition. All the teacher trainees from different celebration groups actively participated in both the competitions. A Eucharistic celebration was held and the main celebrant was Fr. Haston Fernandes. Fr. Haston in a very lively and interactive homily manner, expressed that "we" the people are God's Glory. A shadow skit was presented by the Christmas celebration group depicting the birth of Christ. The shadow act was titled, "Emmanuel-our God is with us". The message was crystal clear as the Lord has come to us through his nativity and continues to dwell in us even today.

*Antao*  
 Dr. (Miss) Delia Antao  
 Offg. Principal  
 Nirmala Institute of Education  
 Altinho, Panaji, Goa



#### 4. Essay writing Competition

The Students' Council of NIE, Altinho, Goa, along with faculty members, Ms. Ximena Fonseca and Mr. Subodh Haldankar, organized an **Essay Writing Competition** for the teacher trainees of the institute on 22<sup>nd</sup> September 2021 to celebrate the International Day of Democracy that was observed on September 15. The theme is '**Women in a Democratic World**'. They were assessed, based on clarity of expression, creativity, reflective thinking, analysis, and knowledge base. Aucktie Fernandes (F.Y.B.Ed) bagged First Place, Larissa Madeira (F.Y.B.Ed) secured Second Place and Moncita D'Costa (F.Y.B.Ed) secured third place.




#### 5. EARTH DAY CELEBRATION REPORT- Photography competition/Treasure Hunt and Fashion Show/Meme Competition/Nature collage Competition

Earth Day is celebrated every year on 22 April to demonstrate support for environmental pollution. The Earth Day Celebration group began the preparation for the same. The theme chosen for this year's celebration was Invest in our Planet. The Earth Day Celebration group brainstormed various ideas on how to go about this day. The Earth Week Celebration commenced on 18 April 2022 to 22 April 2022. The first Competition was the Meme Competition followed by the Photography competition and the Nature collage competition which were held on 18 April 2022, 19 April 2022, and 20 April 2022 respectively. The cultural program was held on 10 May 2022 which included the Treasure hunt and the Fashion show. All the teacher trainees from different celebration groups actively participated in all the competitions despite the busy schedule. This was followed by a short presentation regarding the history of Earth day this was followed by the Fashion Show competition. Each celebration group had to design an eco-friendly costume and one member had to wear it and walk the ramp. The costumes designed by every celebration group were mesmerizing. A lot of creativity, effort, and time had been put in by all the celebration groups for the same. The participants walked the ramp and enthralled the audience. There was a documentary shown which showcased the beautiful plants and butterflies found on the NIE campus. Then, there was a spot prize which went to any person who found the template of the Earth stuck underneath his/her hand rest. Ximena Fonseca shared her thoughts on this occasion and highlighted that small steps by every individual towards saving the environment can lead to a bigger outcome.




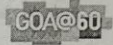
6. Participated at the Inter-Collegiate Drawing Art (Portrait) Contest 2021-22

GOVERNMENT COLLEGE OF COMMERCE AND ECONOMICS  
Borda, Margao- Goa




  

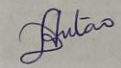
**CERTIFICATE OF PARTICIPATION**  
**INTER-COLLEGIATE DRAWING ART (PORTRAIT) CONTEST 2021-22**

Organized by Department of Skill Development  
In collaboration with Department of Commerce

This Certificate is presented to **Simran Mascarenhas** of Nirmala Institute of Education-  
Panaji Goa for performing Excellently in the Inter-Collegiate Drawing Art (Portrait)  
Contest 2021-22

 Asst. Prof. Rahul Raikar Co-ordinator	 Dr. Maria Fatima De Souza H.O.D, Commerce	 Prof. Gajanan Madiwal Principal
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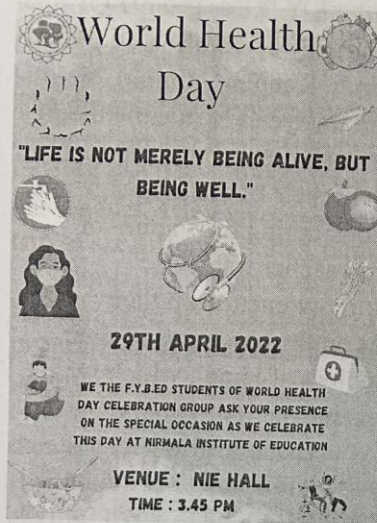


**Dr. (Miss) Delia Antao**  
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




## 9. World Health day- 'Healthy Snack' making competition



World Health Day was celebrated on 29 th April 2022 at NIE under the guidance of Clifton Fernandes. The theme chosen for the celebration was Life is not merely being alive, but being well. Different scenes were depicted on various themes like the ill effects of junk food, the importance of exercise, effects of exercise in our day-to-day life. Healthy snack-making competition was organized. They had to prepare a healthy snack without the use of fire.

  
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Altinho, Panaji, Goa



## 10. Hindi Day

निमंत्रण  
निर्मला शिक्षण संस्था, पणजी  
हिंदी अध्यापन के प्रशिक्षणार्थी  
प्रस्तुत  
**भारत का स्वर  
हिंदी**  
इस कार्यक्रम में आप सहर्ष  
आमंत्रित

दिनांक: ४ मई २०२२ समय: ३.१५ बजे  
स्थल: एन. आय.ई हॉल

On the 4th of May 2022, the S.Y.B.Ed. teacher-trainees organized the Hindi day celebration on the theme-Bharat Ka Svar Hindi. Keeping in mind 75 years of Independence and this year. Academic theme being Mahila Sashaktikaran (Women Empowerment) the concept included both aspects of the language and women empowerment. Considering the theme- of women empowerment, the teacher trainees interviewed the hardworking women from their villages and wrote articles on the hardships of their life for a Project on the subject of Hindi, which was then compiled into a magazine named UMANG



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## 11. Geography Day Programme

The Geography Pedagogy unit of Nirmala Institute of Education in collaboration with IQAC organised "Geographia: An adventurous trip across India" on 30th March 2022 from 3.15p.m. to 4.30 p.m. under the guidance of Ms. Daniella Colaco.

The programme depicted a travel scene where the hosts were the air hostess and the audience were the passengers. They were taken on a trip to six different states, namely : Kashmir, Rajasthan, North East, Kerala, Goa and Karnataka. The programme portrayed a little bit of culture, geography and environmental issues. There were dance performances of



Rajasthan, Goa and Kerala and two skits, one on water disputes and the other on saving trees. The programme ended with a song on INDIA, composed by Valaenka Gomes (Fy.B.Ed. student) after which the winners of the competitions were declared. There were also competitions organised for the first year and

second year B.Ed. students such as 'Relish the dish' where students had to prepare a sweet dish of any state in India and submit a pre-recorded video, and 'Snap it' where students had to make a reel of different locations in Goa and inscribe a message on it. The Geography Day celebration was indeed an invigorating experience. After the



programme all the students posed for photographs in the photo booth to capture the wonderful moments.



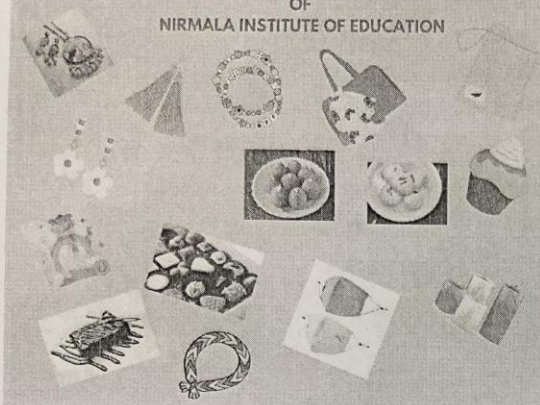


## 12. Saksham day

**EXHIBITION CUM SALE**

AN INITIATIVE TO EMPOWER BUDDING ENTREPRENEURS!

BY THE SAKSHAM CELL  
OF  
NIRMALA INSTITUTE OF EDUCATION



Kindly note : Sale of items will be carried out only during break time and after the last lecture.

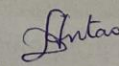
08 APRIL 2022

**Kindly Save the Date**

Organising Committee : Ms. Sangeeta R Kadam  
Ms. Millie Pereira  
Mrs. Sharmila Kerkar

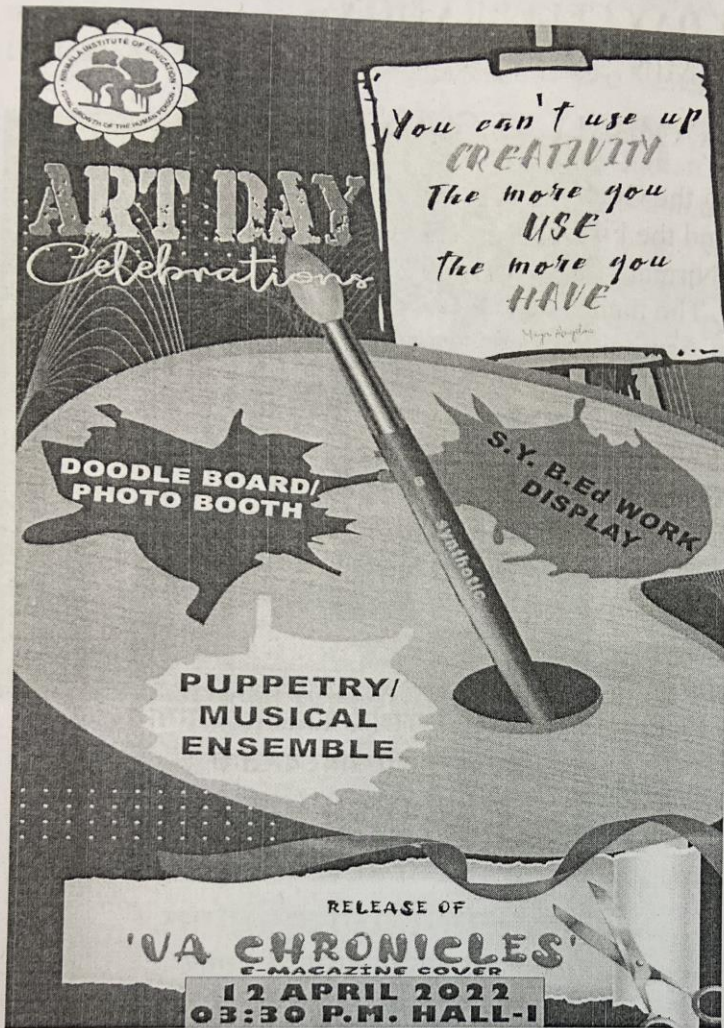
On the 8<sup>th</sup> of April, the Nirmala Institute of Education students had an interactive seminar on the theme Women Empowerment. The seminar was conducted by the SAKSHAM & IQAC Cell of Nirmala Institute of Education and the Childline Nodal Office, Government of Goa. The resource person for the seminar was Mrs. Ketaki Parob Gadekar, a Psychologist and a member of the Women Commission of Goa. She was accompanied by Sr. Divya Raphael, an officer in the Nodal Childline Office. She included the male perspective about women empowerment by stating various examples from her childhood. She then provided crucial insights into Goan

problems and the mentality of the local rural households. She went on to ask the male students present for the talk about how much they helped out in the basic household chores like cooking and cleaning and then asked the female students present about their knowledge regarding manual labor and finances like filing taxes etc.

  
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### 13. Visual Arts Day



The faculty of Art & Aesthetics celebrated World Art Day on 12/4/2022, to commemorate the birthday of the Italian Renaissance artist Leonardo Da Vinci (15th April). The cover of the VA Chronicles- an Educ-info-mative art magazine was released by the NIE Director Dr.Rita Paes, with Sr. Delia Antao the officiating Principal. Mrs. Suwarna Gawas and Mr.Raymond Pereira. In her address, the Director urged the students to unearth their hidden talents and myriad potential. A short presentation was given by Ms.Saba

Sayed on the significance of the day. The trainees also did a Puppet show which was part of their performing art subject. The trainees also did a musical ensemble to showcase their talents. The display consisted of the teaching resources, decoupage craft, and Mandala art which was done by the trainees. The officiating principal Sr.Delia Antao, stressed the need of being creative in this fast-changing educational scenario and highlighted the need specified in the NEP 2020 for holistic development of the arts and crafts in the teaching-learning domain.

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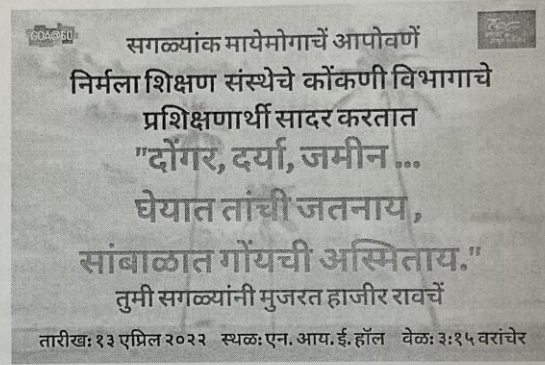


#### 14. Konkani Day

### KONKANI SUBJECT DAY CELEBRATION – 'DONGAR DARYA JAMIN...GHEYAT

#### TAANCHI JATNAI, SAAMBALLAT GOENCHI ASMITAI'

A cultural activity depicting the Goan identity was put up by the second year B.Ed. (2020-2022 Batch) and the First year B.Ed. (2021-2023) teacher trainees of Konkani Methodology, Nirmala Institute of Education under the aegis of IQAC on 13 th April 2022. The theme 'Dongar Darya Jamin...Gheyat Taanchi Jatnai, Saamballat Goenchi Asmitai' was chosen to commemorate Azadi ka Amrit Mahotsav and Goa @60. The program comprised of a prayer song, Namann, with a procession showing the various facets of Goan Identity, a cultural dance Fugdi with a composition of lyrics based on the theme, a theme-based mime focussing on the restoration and saving of the environment was enacted. An educational video was prepared and presented by S.Y.B.Ed. students on the importance of the Konkani Language and its promotion in day-to-day life. To create awareness related to Goan identity, 'Ghoshvakkyancho Gajar' was presented by the F.Y.students. The second issue of the Konkani magazine Nirmal Yuvaavishkaar titled 'Goenche Asmitayechi Girestkai' was released.



#### 15. Math/Science day

### REPORT ON MATHEMATICS-SCIENCE DAY CELEBRATION

The S.Y.B. Ed. teacher trainees of Nirmala Institute of Education, Altinho, Goa, belonging to the Mathematics and Science Pedagogy organized a combined celebration of the pedagogies themed, Scimatica on 27 th April 2022. The celebration aimed to spread awareness of the importance and interrelationship between the pedagogies and foster a positive attitude towards these subjects. The celebration began with a video depicting the beginning of life on Earth and the

evolution of the human race from a tiny, unicellular organism. The trainees highlighted the importance of protecting our precious environment and nurturing an eco-centric attitude. The mathematics newsletter was prepared by the teacher trainees under the guidance of Ms. Ximena Fonseca. A dance



performance saluting all the Indian scientists for their invaluable contribution to the world was performed enthusiastically by the trainees. Later, Dr. Rita Paes, the director of the college, shared her thoughts on the program, and her personal opinions on the pedagogies and commended the efforts of the teacher trainees. She was affirmative that the perception of mathematics and science will change if the teachers taught them using engaging techniques such as those depicted in the program.

Dr. (Miss) Delia Antao  
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Virmala Institute of Education  
Altinho, Panaji, Goa



## 16. History Day

History Day was celebrated on the 21st of April 2022. The theme of the Programme was Years of India's Independence. Director Dr. Rita Paes, Director of Nirmala Institute of Education released the Magazine entitled "The Power of Women". It was the compiled work on the life of women in Goa. Students



presented the journey of Women's Empowerment from the pre-historic period to the modern period. It was followed by a dance and dramatic presentation on the life of Shivaji. A Mando was composed appraising the developments which have taken

place in India since its Independence. The students presented a Mock Parliament highlighting the modern-day sessions, and the way they are conducted.



*Antao*

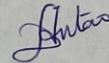
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Offg. Principal  
Nirmala Institute of Education  
Altinho, Panaji, Goa

## 17. ENGLISH DAY

English Day was celebrated on 26 th April 2022 at 3.15 p.m. in the NIE Hall. The program began with a prayer dance soulfully choreographed by Ms. Prachita Joshi. The highlight of the event was a One Act Play, titled-Love is thy

*You are cordially invited  
to witness our  
English Day Celebration  
'RHAPSODY 2022'  
to be held on the Twenty  
Sixth day of April 2022  
at 03:15 p.m. in the Main Hall  
of our Alma Mater ~ NIE*

Name conceptualized, written, directed, and set to music by Ms. Millie Adeline Pereira. The Act was aesthetically choreographed by Ms. Vruksha Kamat. The play was a tribute to the legendary Bard of Avon- Shakespeare. The play was applauded by a cheering audience. The Director of NIE was lavish in her appreciation of the performance and asked the cast to record the performance.

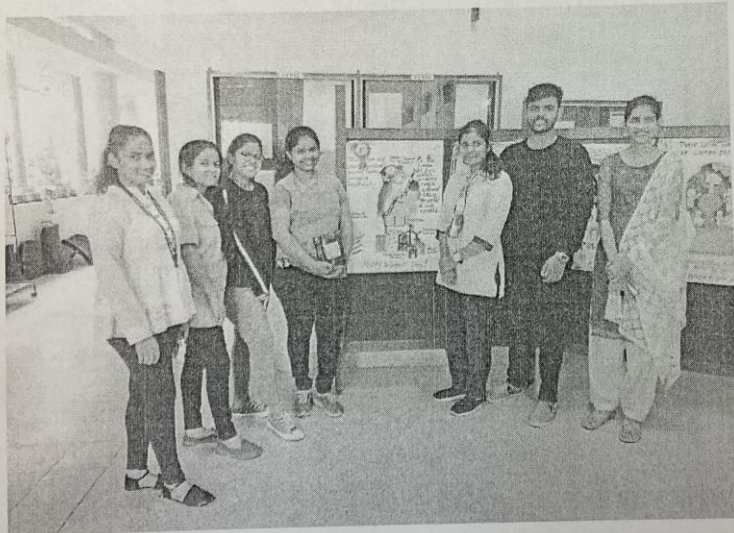
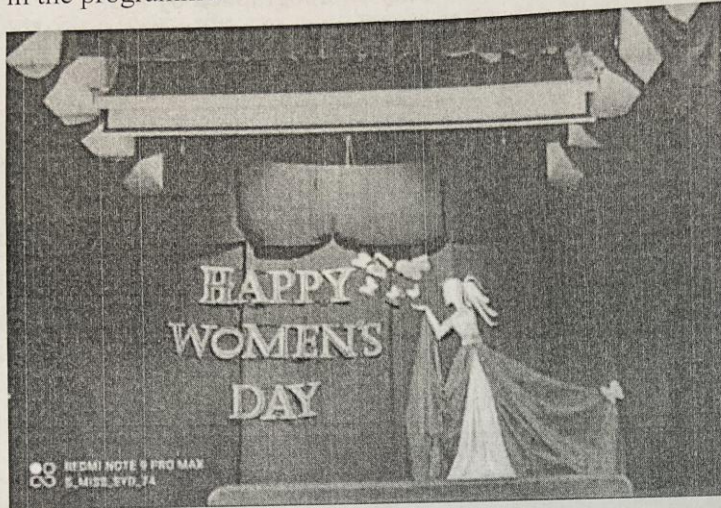


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**Offg. Principal**  
**Nirmala Institute of Education**  
**Altinho, Panaji, Goa**



### 18. Women's Day

The Women's Day was celebrated on 17-03-2022 by the B.Ed .trainees and presented a variety of programmes on this occasion. The importance of women in the society was portrayed and their importance in our society was highlighted in the programme.



*Antas*

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### 19. Leadership Camp

The Annual Leadership Camp 2021 – 2022 of Nirmala Institute of Education, Altinho, Goa was organized by the faculty members, Mr. Clifton Fernandes and Ms. Synora Picado for the S.Y.B.Ed teacher trainees from 24 th – 26 th March

2022 at Nirmal Nature Campsite, Tilamol, Quepem, Goa. Various activities were conducted like the importance of teamwork and cooperation, mime, song, comedy skit, a dance which helped the trainees an opportunity to display their talent individually, a Bird



Walk by avid ornithologists from Goa Bird Conservation Network (GBCN), and various leadership qualities through several hands-on activities conducted. . A session was conducted by the trainees for the village residents of Tilamol as part of the community outreach program. The groups sensitized the community on waste segregation, vermicomposting, cyber-crime, etc. The camp ended with a valedictory ceremony in which, Ms. Fritzell Almeida and Mr. Steve Da Costa were awarded Camper of the Year 2022 in the Female and Male categories respectively.

  
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### 5.3.2 Documentary evidence for the Cultural events during the Year 2022-23

#### 1. Teacher's Day

The Nirmala Institute of Education celebrated Teachers' Day on Friday, 09th of September, 2022. The programme began at 2:15pm with the welcoming of the



Teaching and the support staff. The teachers were welcomed with a bookmark. The program began with a prayer service conducted by the students of the first year. During the prayer service 20 of the teachers read out a line each as part of the prayer service. The event was full of entertainment with games, stage performances-dance, skit and of course the cake-cutting followed with serving of refreshments to everyone present in the Hall. The decorations for the Teachers day event was crafted of old magazines and newspaper with a zero budget plan.

#### 2. Independence Day

The Independence day was celebrated on 15-08-2022 to commemorate 75 years of India's Independence on the Campus. The program started off with the hoisting of the National Flag followed by a short program to highlight the importance of Independence day.



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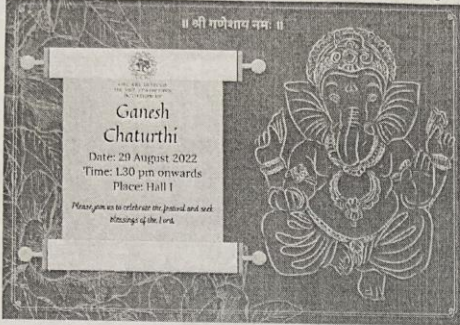
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### 3. Ganesh Chaturthi Celebration

#### Report-Ganesh Chaturthi Celebration

It was celebrated on 29th August 2022 at 1.30 pm. The program was hosted by Adriel Antao and Puja Dhargalkar. We had many on stage and off- stage events. Rangoli was done by Akarsha Khorjuvekar, Neha Gude and Puja Dhargalkar.



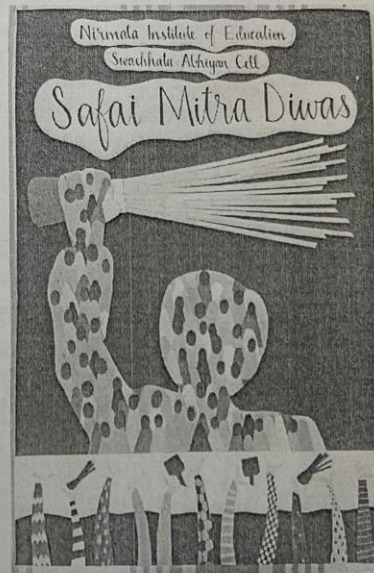
Charts for decoration were done by Anitadevi Bind, Vaishnavi Zo and Priyanka Birajdar. Vanisha, Bushra and Jubby helped with decoration. Invite for the event was prepared by Mrunal Keny. Google form was made by Vaishnavi Zo. Fugdi was choreographed by Akarsha Khorjuvekar and aarti by Vaishnavi Zo. Everyone bought modaks

to distribute. It was a great experience which was executed well by all team members with the help of our mentor Mrs Anagha Deshpande.

### 4. Swachh Bharat Abhiyan week

The Swachh Bharat Abhiyan week began on the 30th of September 2022. The teacher trainees along with our mentor Ms Shylaja Sherief conducted a cleanliness drive where the Celebration groups were allocated different locations in the campus. All the teacher trainees participated actively in cleaning the campus and seeing that everything was in order. Teamwork and dedication were truly seen on this day.

On the 3rd of October, the Nirmala Institute of Education organised the Swachhata Mitra Divas. The programme began at 3:15 sharp. It included screening of two short films and a lovely presentation by the students. The Swachhata Abhiyan Cell of NIE organised the entire programme with a lot of innovation and creativity. The logo of the Swachhata Abhiyan





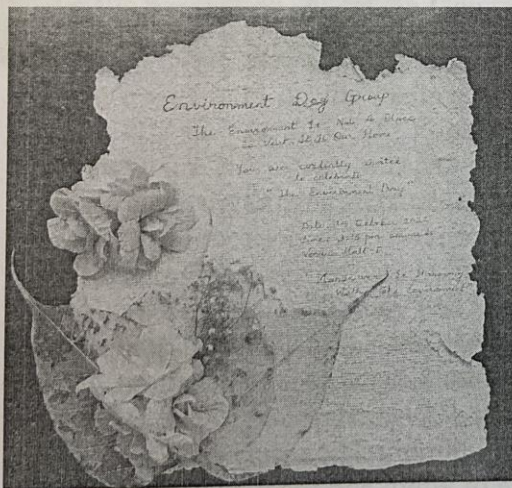
cell was launched by Dr. Rita Paes. The students under the guidance of Mr. Raymond Pereira added a lovely touch of the Gandhian ideas for a clean India. The day ended beautifully by felicitating the NIE -MTS staff for their dedicated service and providing a clean and healthy environment for the staff and students of NIE.

A session was also organised by the Eco club to highlight the importance of segregation of E waste. This session was held on the 7th of October, 2022, ending the week on a good note. Mr. Sushant Figueiredo, the guest speaker enlightened the students on the processes involved in E-waste segregation. He also spoke on the effects on the environment and living beings when waste is not segregated appropriately. The talk was informative and interactive, making the students aware on the latest technologies used in waste management.

## 5. Environment Day Celebrations

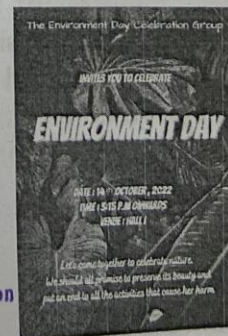
### Theme: "Walking In Harmony With The Environment"

The Environment Day was held on 14th October 2022. The program commenced at 3:15pm. The Hosts for the day were Ana Karina and Mallika. They began with a brief introduction on the environment. The next thing on the itinerary was a Presentation on "Biodiversity of Goa" steered by Anagha and



Sonia. The presentation was followed by a thrilling yet an enlightening musical performed by the entire 'Environment Day' team. Firstly, the Earth Anthem was sung, followed by the one act play which consisted of a classical dance and later culminated with a Hindi poem recited by Ritam. Characters include 'Future generation'-Mallika, 'Rock'-Pratiksha, 'Flower'-Ritam, 'Deer'-Rashvita, 'The Environment'-Loraine, 'Peacock'-Valanca, 'The Stream'-Ana Karina, 'Worshipper'-Anagha, 'Tree'-Neysha, 'Industrial factory'-Sonia,

'Human'- Chinmay. There were three competitions organized by the Environment Day group – E- Poster Making, Treasure out of Waste and Photography.



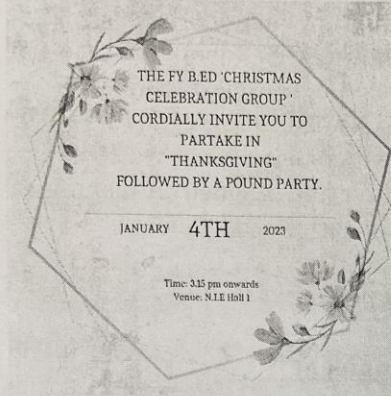
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*Shruti*  
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## 6. Gratitude Day

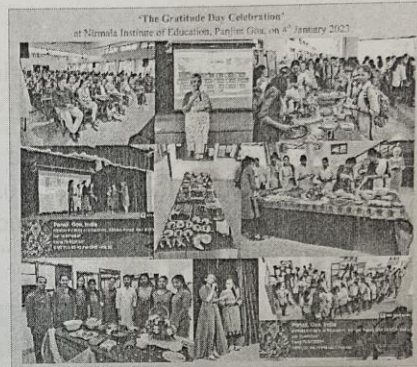
“The Gratitude Day” was celebrated at Nirmala Institute of Education, Panjim Goa, on 4<sup>th</sup> January 2023. The celebration was organised by the F.Y B.Ed.



Christmas Celebration Group. The theme of the celebration was ‘Sprinkle the joy of togetherness, hope and love in thanksgiving’. A prayer service was conducted by trainees to thank the almighty for the various blessings showered upon all. Fun games and a treasure hunt were played to get the trainees in a festive mood. The officiating Principal Dr. Delia

Antao addressed the gathering giving insightful

thoughts on how one can show and practice gratitude in daily lives. The celebration ended with a pound party with all students contributing mouth-watering christmas snacks."



## 7. Hindi Day

10<sup>th</sup> January, is observed as ‘World Hindi Day’ and is celebrated annually to promote Hindi language and its usage worldwide. To mark this day, the B.Ed. teacher-trainees of Hindi Pedagogy of Nirmala Institute of Education, Altinho Panaji, organised a cultural programme on 10<sup>th</sup> January 2023. The event took place in the Main Hall of the institute at 4:00 pm. The teacher trainees put up several items to highlight the significance of Hindi and the place of prominence it enjoys in the world. The event was guided by the Hindi Method Master Ms. SangeetaKadam.

The comperes of the programme were Ms. Unnati Savant and Ms. Premlata Medha. The occasion started with a beautiful welcome song titled, ‘Sur Se Sur Milakar’ followed by a video that was screened showcasing how popular the language is- all across the globe!The programme showcased a variety of items such as poem recitation, a skit enacted based on one of the famous stories of



Munshi Premchand ji, 'Bade Ghar ki Beti', also tongue twister and then followed by the release of the annual Hindi magazine, titled 'Umang' by the

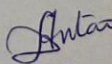


Principal Dr Delia Antao, Ms. Sangeeta Kadam, Prof. Ximena Fonseca, Editor Ms. Neha Moriya, and Sub-Editor Ms. Unnati Savant. The theme for this year's magazine was based on the theme the diamond jubilee celebration this year: Discovering the diamond in each one of us. The finale of the programme was a group dance performance. The principal of the institute Dr Delia Antao addressed the gathering with her insightful words and appreciated the efforts of all those who put up the great event. Last but not the least Ms. Rufila Sanadi proposed the

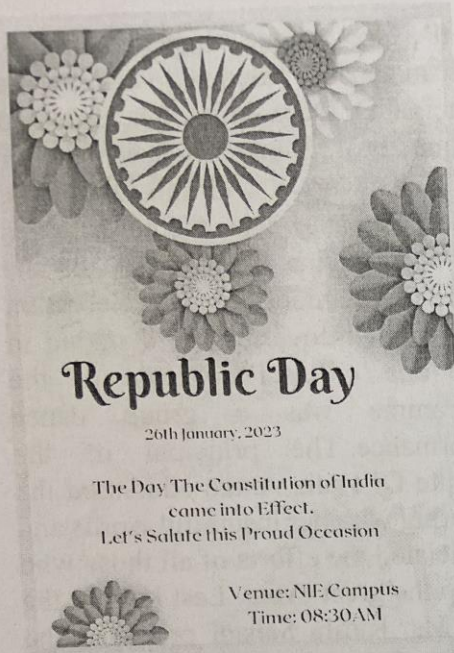
formal Vote of Thanks, followed by singing of the National Anthem. The programme ended up at 4:45 pm.

## 8. Popularization of Science in Goa

A lecture was held on the campus of Nirmala Institute of Education on 19<sup>th</sup> January 2022 on the topic of "Popularization of science in Goa." -By Sunder Narayan Dhuri. The lecture was part of an initiative taken to popularize science in Goa through organizing lectures and talks to promote a multidisciplinary approach in education. Mr. Jude Fernandes introduced the speaker Dr. Dhuri stressed upon the need for students to leave school as a complete package as oppose to specialization in only one area. He stressed the need to pursue research and the need to encourage the students of the trainees to do the same. He conveyed the notion that popularizing science also includes other disciplines, as science cannot stand on its own. He concluded the session by sharing the message that success involves facing many failures and working past them. Ms. Cerena Vaz proposed the vote of thanks

  
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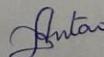
## 9. Republic Day

Date: 26<sup>th</sup> January 2023

Place: Nirmala Institute of Education - Panjim

Nirmala Institute of Education celebrated India's Republic Day 2023 to honour the sacrifices of national leaders and recall our glorious past with zeal and fervor. The programme was organized by the First Year B.Ed. Republic Day group. The Faculty and teacher trainees were warmly welcomed by the host for the day, Ms. Sonali Tanawade. To invoke God's blessings, the programme began with a prayer by Ms. Renisha Mendes, followed by singing of the hymn, 'Make Me a Channel of your Peace'. The National Flag

was unfurled by Sr. Superior Olga Vaz along with Mrs. Ayesha Alvares, the Physical Educator for the D.El.Ed. section. They were escorted by Mr. Clifton Fernandes, the College Director of Physical Education and Sports. This was followed by the salutation of the National Flag and recital of the National Anthem. Ms. Eden Barreto highlighted the significance of Republic Day along with the unique provisions of our Constitution. Her speech concluded with an urge to create a greater nation through the collective efforts of its citizens. The organizers conducted a Patriotic Slogan Competition for all the teacher trainees according to their respective celebration groups. The teacher trainees participated with great enthusiasm. Then, the organizing group presented a medley of patriotic songs that took pride in glorifying and celebrating our essence of unity. The group also organized a quiz competition to kindle the spirit of patriotism and to test the trainees' awareness of political affairs. The Officiating Principal Dr. Delia Antão took over to emphasize various rights and responsibilities to serve our country. Thereafter, prizes were distributed to the winners of the Slogan and Quiz Competitions. The programme concluded with the proposal of a vote of thanks by Ms. Perisa Fernandes. The trainees' determination and eagerness to celebrate this historic occasion helped make this programme a success.

  
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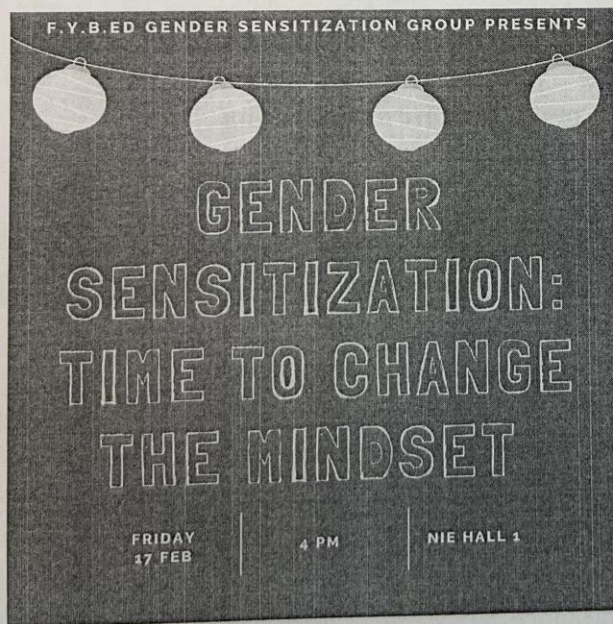
## 10. Gender Sensitization

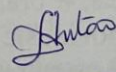
The Gender Sensitization Day was celebrated at Nirmala Institute of Education, Panjim Goa, on 17th February 2023. The programme began with a prayer invoking the blessings of our Creator, with the help of Sr. Cerena Vaz. A survey was conducted on campus a month ago, asking people what they thought



Gender Sensitization meant and a video was shown of the various responses that were received. A mime was presented by the group on the theme of 'Gender Sensitization: Time to change the mindset', followed by an action song titled 'We are the world'. Before the

programme, face painting competition was organized with the theme 'My Face, My Canvas'. A Digital poster design competition was also organized titled 'Design your thought' where all the celebration groups submitted their digital posters on 13th February 2023.

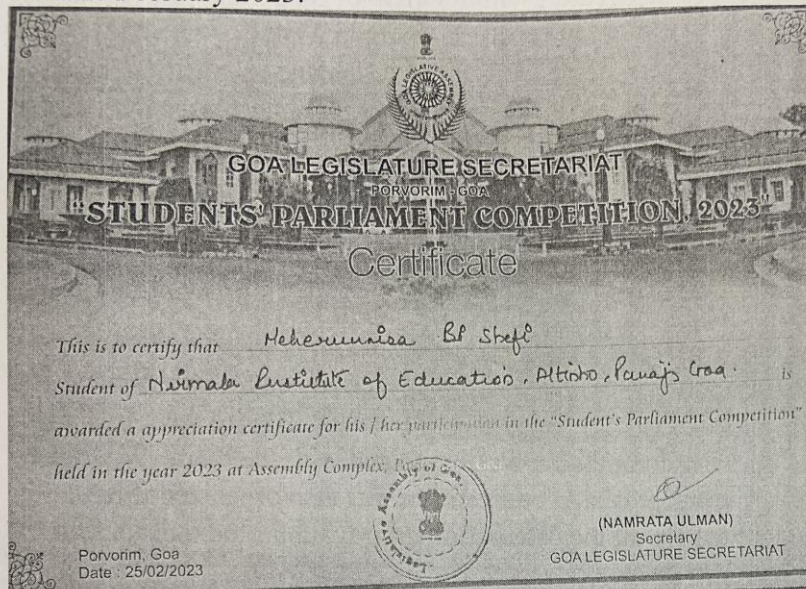


  
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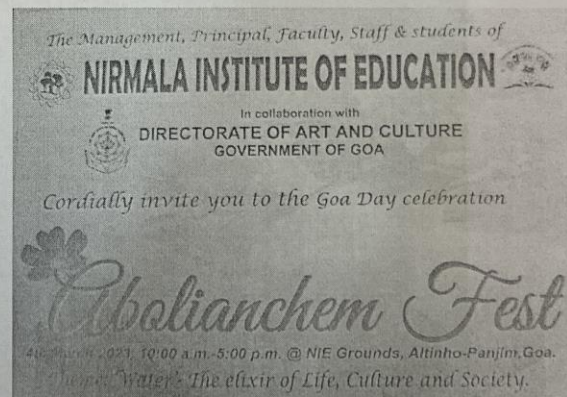
### 11. Mock Parliament Competition

The students from F.Y.B.Ed. and S.Y.B.Ed. participated in student parliament competition 22-23 held at the Secretariat Goa Legislative Assembly Complex on 22nd February 2023.



### 12. Abolianchem Fest held at Nirmala Institute of Education

Nirmala Institute of Education – Panjim, in collaboration with the Directorate of Art and Culture – Government of Goa, celebrated Abolianchem Fest on 4<sup>th</sup> March 2023 at its campus ground. Abolianchem Fest is aimed at reviving the age-old Goan socio-cultural ethos by celebrating its food, music, dance, games, crafts and theatre. This year, the theme was 'Water: The Elixir of Life, Culture and Society'. The program included interviews, theatre acts, folk dance performances, competitions for schools and colleges, a brass band performance and a ghumot music ensemble by over a hundred women teacher trainees, among others. There were stalls selling ghumots, plants, food items and artworks prepared by the teacher trainees.



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## Thrust on water conservation at this yr's Abolianchem Fest

Times News Network

Panaji: Abolianchem Fest saw a confluence of food, music, dance, games, theatre, and crafts at the Nirmala Institute of Education, Panaji, on Saturday.

"Every year we encourage the students to plant aboli flowers in the campus and their home just in time for the monsoon and now we have also started selling its saplings. The flower will always remain the highlight of the festival," said Bina Lobo, principal of the institute.

Attendees were welcomed with a traditional brass band led by Miguel Felipe Pereira. The inaugural ceremony highlighted the Diamond Jubilee year of the institute and the theme, 'Water: the elixir of life, culture and society'. Also of Goa's rituals and customs surrounding water and from the Abolani issue, the



Folk dances were a part of the programme held on Saturday

need to save water becomes important. This year's event, therefore, highlighted the importance of water in our lives," Lobo said.

Many of the attendees were first time visitors who had come from far and wide while several others were returning to the festival after being a part of it annually.

The programme inclu-

ded competitions for schools and colleges, Konkani songs, theatre acts, performances by kindergartens, students, folk dances and a student music ensemble by 100 women teacher trainees. Besides, there were stalls selling food items, plants, gifts and artworks. There was also an aboli hair advertisement contest.



## 12. Women's Day Celebration

The Women's Day celebration was held at Nirmala Institute of Education on the 24th of March 2023, under the supervision and guidance of Ms. Anagha Deshpande. The team began considering various possible items to be conducted for the event, well in advance. However, due to unfortunate clashes with other college events, the assigned day for the celebration had to be postponed from the international Women's Day which was celebrated on March 8th. The theme for International Women's Day 2023, was "DigitALL: Innovation and technology for gender equality". The team decided to adopt this theme and began finalising the specifics of the programme accordingly. A logo making competition was conducted for the students of Nirmala Institute of Education. The logo was to be designed using apps or software, while relating to the theme of the celebration. The main schedule for the actual programme had decided to feature a skit, poem recitation, and various other items. The audience were presented with a video based on the theme for the celebration, in order to develop a brief understanding of what the theme entailed. The video provided a



brief history of the celebration of 8th March as the International Women's Day. Following this, the compere introduced the poem recitation by all the women of the group. The poem was written by Randeep Chaudhary. The poem spoke about the experiences of the modern women – the Aadhunik Nari. This was followed by the presentation of the skit by all the members of the group. The skit began by a short dance. The main focus of the skit was to showcase the reality of the cycle of oppression

### 13. World Art Day

15th April -is the birthday of the great Italian painter, sculptor, writer, thinker, philosopher, mathematician and scientific innovator Leonardo da Vinci which is celebrated as the World Art Day.

World Art Day aims to promote the values that art has brought to the world since the beginning of time. It raises public awareness about the importance of creative activity worldwide. This

World Art Day is a timely reminder that art can unite and connect us even in the most difficult of circumstances. The theme for this year was 'Art is good for health'. Art is known to help increase motivation, build self-esteem, and improve holistic health.

Art helps people to see the world from a different perspective and also Art can be medicine.

The S.Y B.Ed. the trainees displayed artworks done as part of the skills learnt during the execution of the VA project.

The Large Origami challenge Forms were displayed as part of the F.Y B.Ed Trainees task.

The program also highlighted a brief introduction to Art Therapy. The director Dr.Rita Paes stressed upon the need to have art inclusive teaching learning as mentioned in the NEP 2020. The Faculty and students also took part in the impromptu Doodle art session.



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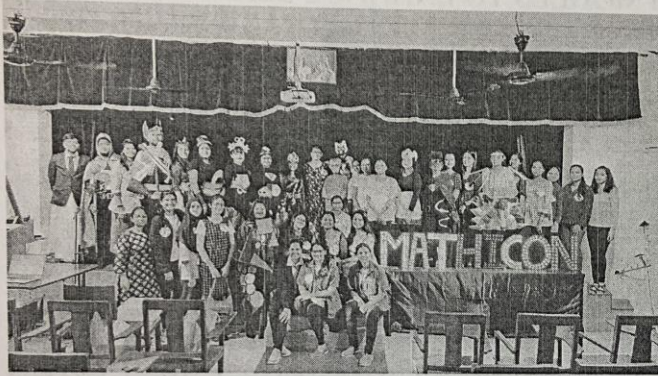


#### 14. Maths Day

Date: 27 January 2023

Mathematics Day is celebrated annually to honour the remarkable contributions made by mathematicians throughout history. The day serves as a platform to promote the significance of Mathematics in various fields and inspire interest among students and the general public.

The teacher novices of the Mathematics Pedagogy of Nirmala Institute of Education enthusiastically organised the event Mathicon on 27<sup>th</sup> January 2023 to commemorate “National Mathematics Day”. The event was set into motion by the lighting of the Mathicon switch by the Officiating Principal Dr. Delia



Antao and Mathematics Method Master Ms. Ximena Fonseca. In order to highlight the significance of Mathematics Day, an informative video was shown. Thereafter the Newsletter SLICE OF Pi was released at the hands

of the Director Dr. Rita Paes, the Officiating Principal Dr. Delia Antao, Mathematics Method Master Ms. Ximena Fonseca and members of the Editorial team. Each copy reveals a milestone that marks our growth, unfolds our imagination, and gives light to our thoughts and aspirations.

With a view to raising awareness among students about the importance of Mathematics for the development of humanity and its utilitarian value, a skit was displayed by the S.Y. teacher novices. The skit was followed by a Math-themed dance accompanied by music and singing that was a modified version of the "Waka-waka" song. The lyrics were modified by teacher novice, Delailah Sophia Dias, and the song was accompanied by actions by other students. This was followed by the Fashion show which took the audience on the journey of how it all began. The fashion show portrayed the hierarchy of Mathematics in the most spectacular manner. As a part of the event, the teacher novices of Second year Mathematics Pedagogy had organized two competitions; a Treasure hunt and Poster Competition. For the first-year students of Nirmala Institute of Education, a treasure hunt was held in honour of Mathematics Day. Based on the celebration groups, these students were grouped. For the second-year teacher novices, a Poster competition was held. Students were asked to participate as per their 1st pedagogy



subject. The theme for the competition was “Incorporating Mathematics in other Pedagogies”. All the students worked hard within the time frame to win the competition. The prize was begged by English Methodology students followed by Geography Methodology students.

Activities conducted by the Math Group:

- a. MATH LAB ACTIVITY  
DRAMATH
- b. MATH LAB ACTIVITY-Math Quiz
- c. MATH LAB ACTIVITY  
MATH MANIA- CREATING MODELS TO ENHANCE LEARNING
- d. MATH LAB ACTIVITY  
THE VOICE OF THE BRAINS
- e. MATH LAB ACTIVITY  
Mathematics Treasure Hunt Activity – RACE TO THE MATH MOUNTAIN
- f. MATH LAB ACTIVITY  
Know Your Paradoxes

### 15. English Day Celebration: Rhapsody 2023

English Day was celebrated on 16<sup>th</sup> April 2023 at 3.15 p.m. in the NIE Hall. The programme began with a prayer invoking God’s abundant blessings on Nirmala Institute of Education in its Diamond Jubilee year and on the entire Nirmala family. This academic year, ‘Rhapsody 2023’ included a tribute to Mother Marie Adelaide de Cice, the Foundress of the Society of the daughters of the Heart of Mary commemorating her visionary spirit and unwavering faith in God. The highlight of the event was a One Act Play titled: ‘Like A Diamond’,



conceptualised, written, directed and set to music by Ms Millie Adeline Pereira. The Act was aesthetically choreographed by Ms Prachita Joshi. The play was a tribute to the



countless poets, playwrights, and authors whose works and words have woven a tapestry of unparalleled beauty and complexity. A cameo representation of Mother de Cice and her message through the enactment brought out the essence of the theme of the Diamond Jubilee Celebration of Nirmala Institute of Education: 'Discovering the Diamond in every person'. The play was applauded by a cheering audience. The programme ended at 4.30p.m. with everyone present singing the Nirmala Anthem in unison.

## 16. History Day

### Report on History Day Celebration

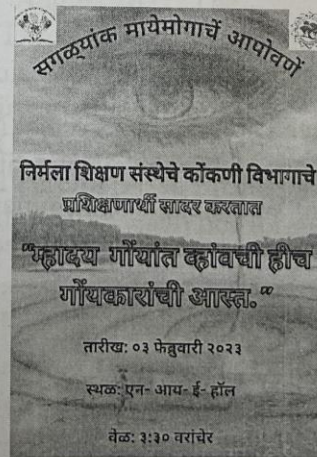
History day was celebrated on 14<sup>th</sup> of March, 2023 at Nirmala Institute of Education. Theme of the programme was "Historia De Goa"- History of Goa. 28 students of S.Y.B.Ed. pedagogy took active part in the celebration. Sister Anna Valladares ex- Manager of Nirmala Institute of Education was the Chief of the programme. Students presented the journey of Goa's freedom movement through drama, songs and dance. All the faculty members and 200 students of F.Y B.Ed. and S.Y B.Ed. were the part of the audience. Everybody enjoyed the programme. The celebration ended with the vote of thanks.



## 17. Konkani Day

### Report

Konkani Day was celebrated on 3rd February 2023 in NIE hall 1 by Konkani pedagogy students of Nirmala Institute of Education, Altinho- Panaji. The programme was planned and organized by the S.Y. B.Ed. teacher trainees on the theme *Mhadei Goyant Vhanvchi Hich Aash Goemkaranchi*. The teacher trainees of the S. Y. And F. Y. B. Ed course, teaching and non-teaching staff of NIE attended the programme. The celebration of Konkani Day started with the morning assembly in Konkani language conducted by the F.Y B.Ed. Konkani teacher trainees. The assembly included an introduction, prayer, thought for the day,





video and reflection. The theme for the assembly was *Humanity*. The programme started at 3:30p.m. The compering was done by Ankita and Rufila of S. Y. B. Ed. The programme began with a prayer song, performed in praise of the Mhadei river. After the prayer song there was a spot prize wherein any student who came up first on the stage and mentioned any 5 Konkani sayings would win a prize and that was Sonali Tanawade of F. Y. B. Ed. This was followed by a konkani song which focused on creating awareness among the students about the current issue regarding river Mhadei. Following which, the Konkani magazine was released by Dr. Delia Antao, Ma'am Ximena and Ma'am Ankita and two Konkani S.Y. B.Ed. teacher trainees. A traditional Goan dance called *Dhalo* was performed by S. Y. B. Ed Konkani pedagogy teacher trainees, followed by a spot prize for anyone who can translate konkani word *lapiz* to English. An online Konkani quiz was also conducted in which first and second place was won by Adriel and Anabelle respectively. Then Alvita Noronha of S. Y. B. Ed presented a monologue in which she acted as 'Mhadei Mai' and put across the importance of the Mhadei river and how people will suffer if the Mhadei is not protected. This was followed by a fashion show where the traditional costumes worn on various cultural occasions of the people of Satterri like *farmer fisherwomen, Chapai, Paan chor* and *Ghodemodni* etc. At the end of the programme the Officiating Principal, Dr. Delia Antao gave a speech in which she appreciated and congratulated the hardwork of all the members who were involved to put up this programme which was beautifully presented. She also spoke about how culture and language is closely related to natural resources and hence preserving our resources is important as they will preserve our language and culture. The programme concluded with vote of thanks given by Sheena Rodriguez of S. Y. B. Ed and the programme ended by singing the Nirmala anthem.

### 18. Science Day

Science Day was observed at Nirmala Institute of Education on the 28th of February 2023. The event centred around the theme "Global Science for a Global Well-being." It commenced with a brief prayer, followed by an engaging PowerPoint presentation aimed at nurturing scientific curiosity, inspiring the future generation of scientists, and emphasising the pivotal role of science in addressing global challenges. The celebration showcased a diverse array of performances, including a stand-up comedy act and a fashion show. Additionally, students unveiled a science-themed songbook titled 'Sci-Rhymes.' Furthermore, entertaining competitions, such as a meme challenge and a rangoli



competition, were organized for the students, all highlighting the central theme. The event concluded with a vote of thanks and singing of the Nirmala Anthem.

## 19. Geography Day

### Report of Geography Day-16th March 2023

To celebrate Geography Day the S.Y.B.Ed. teacher trainees of Nirmala Institute of Education conducted an event named Solinox which highlighted the



characteristics and significance of each season. The students also displayed the changes through the seasons due to climate change. The event took place in the Main Hall of the Institute at 3:30pm and concluded with a message asking humans to be considerate towards mother earth. The entire program was guided by the Geography Method Master Ms. Daniella

Colaco.

## 20. Inter Collegiate Duet singing -Kantaram competition

Mr. JOYNUS NORONHA AND Ms. DELIALAH DIAS S.Y B.ED Trainees participated in the Inter Collegiate Duet singing -Kantaram competition organised by the Tiatr Academy of Goa on the 29<sup>th</sup> August 2022. The competition was held in the Multi-purpose Hall of Directorate of Art & Culture, Patta, Panjim Goa. The competition was a tribute to celebrate the Birth Centenary of late C. Alvares and his duets. The pair sang the famous duet 'Chocolate Dilear' -originally composed, sung by C. Alvares and Mohana in 1961. The trainees were mentored by Mr. Raymond Pereira (Asst. Professor in Fine Arts). Find attached the competition poster and certificates in pdf format.



*Antao*  
**Dr. (Miss) Delia Antao**  
**Offg. Principal**  
**Nirmala Institute of Education**  
**Altinho, Panaji, Goa**



21. Participated for Mindkraft Competition

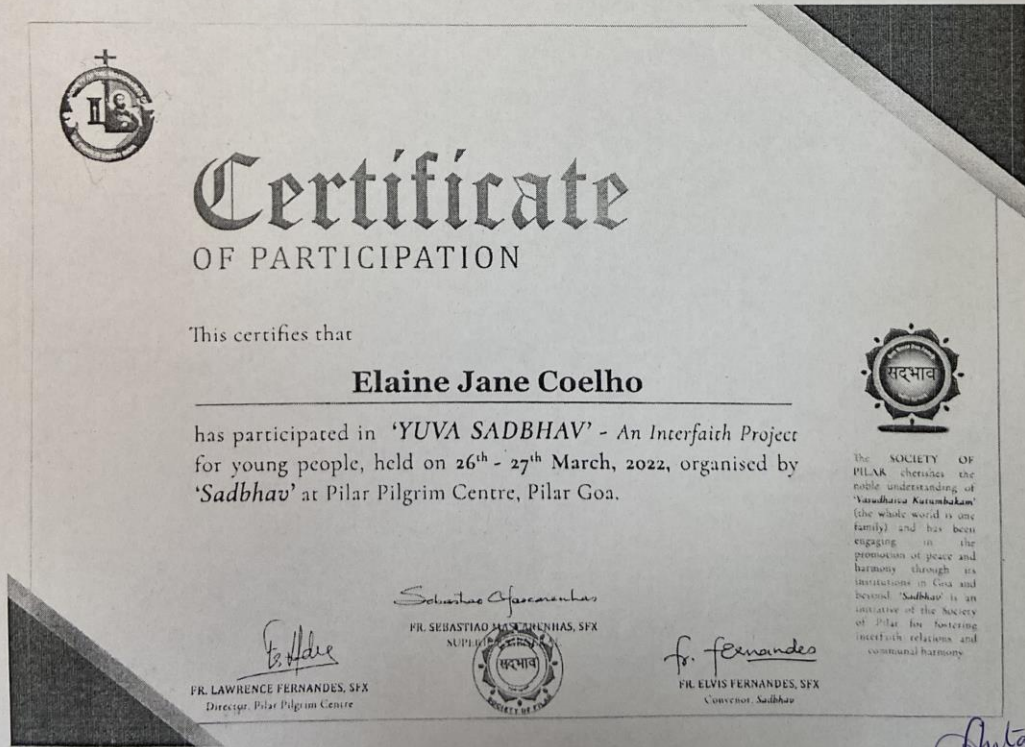


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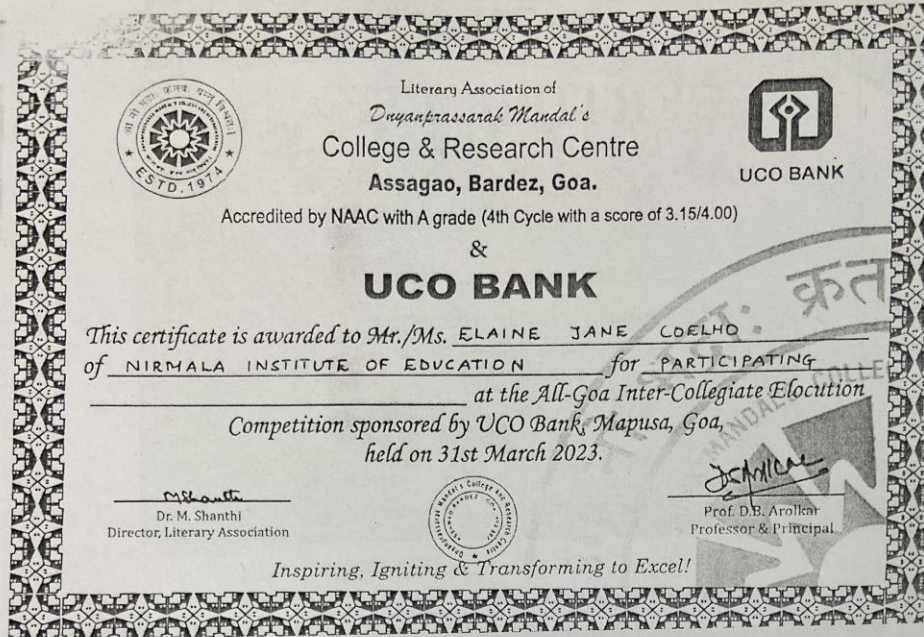
**22. Participated in 'Yuva Sadbhav'**



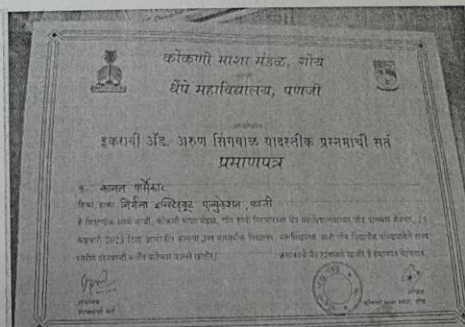
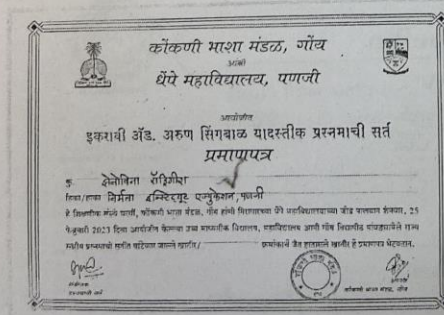
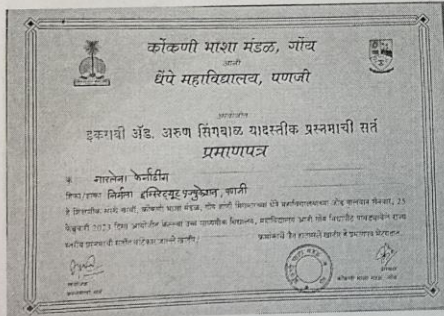
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23. Participated at the All-Goa Inter-Collegiate Elocution Competition



24. Participated at the Adv.Arun Singhbal Quiz Competition



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